

PARN—Your Community

AIDS Resource Network

159 King Street, Suite 302

Peterborough, ON K9J 2R8

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Toll Free: 1-800-361-2895

Fax: 705-749-6310

Email: getinformed@parn.ca

Charitable Registration

Number: 133564740RR0001



United Way
Peterborough & District
Change starts here.

June 2015

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What is Your Status?

Board of Directors

Chair: Mark Smith

Vice Chair: Mark Phillips

Members at Large:

Alexa Ferguson

Megan Mattos

Alison Rodgers

Bunny Smith

Hours of Operation

Monday to Friday 9 am—5 pm

Closed Wednesdays from 1.00—3pm

*The PARN Office will be closed on
Wednesday, July 1 for Canada Day.*

You are invited to :

**PARN's 25th
Annual General Meeting
Thursday, June 25, 2015
@Artspace (378 Aylmer)**

For more details, please call PARN at 705-749-9110

Registration

@ 5:30 pm

Meeting begins

@ 6:00 pm

Intermission @7pm

followed by a public

screening of

Positive Women:

Exposing Injustice

@ 7:30 pm.



PARN25 AGM25 JUNE25

Join us for an important public screening

POSITIVE WOMEN: EXPOSING INJUSTICE



Thursday, June 25—7.30pm @ Artspace

Doors open at 7pm—Popcorn, snacks and light refreshments provided

***This is a free event but seating is limited. Please contact PARN
at 705-749-9110 to let us know if you will be attending.***

Positive Women: Exposing Injustice is a 45-minute documentary film that tells the personal stories of four women living with HIV in Canada — a Quebecker who was charged for not telling her partner that she had HIV at the beginning of an ultimately abusive relationship, a young woman who chose not to pursue charges against the man who infected her, an Aboriginal woman who has personally faced extreme stigma and threats, and a Latina woman who describes the challenges of disclosure and intimate relationships for women living with HIV. Their stories are real, raw and from the heart, and tell the truth about what it's like to live in a society that all-too-often criminalizes intimate behaviour between consenting adults and discriminates against those living with HIV. Legal experts, doctors, counsellors and support workers also lend their voices to challenge current Canadian laws that are letting down the very women they are meant to protect.

HIV Support Services Update

Are you living with HIV in Peterborough and the Four Counties?

Help us direct *YOUR* Community HIV Support Services and Programs

Tuesday, June 9 from 10am—4pm

@Trinity United Church (360 Reid St, Peterborough)

Yvette Perreault from the AIDS Bereavement and Resiliency Program of Ontario will join us on June 9 to engage us in a meaningful conversation on the complex issues that HIV raises in our communities. This is an opportunity to hear what is happening in the community, make your voice heard, and help guide PARN's HIV support work in Peterborough and the Four Counties.

Lunch, snacks, drinks provided. Travel and childcare subsidy are available.

Is there anything else we can do to help you to get here?

Please RSVP by emailing Lance Brown at lance@parn.ca or by calling 705-749-9110 x 205 or 1-800-361-2895 Please let us know if you need any more information and if you are coming!



**AIDS Bereavement and Resiliency
Program of Ontario**

Presence. Compassion. Change.

The Positive Living Room

The program is open to anyone attending The Positive Care Clinic on Thursday mornings. We open at 10am and run until 11:30 – join us Thursday's for a light breakfast, coffee and conversation while you wait!

HIS: Health Information Spaghetti Social

HIS HIV Health Information Support is a group designed to provide opportunities for men who are HIV positive to share information and resources with the goal of building community support systems, promoting self-advocacy and networking. The next HIS group will be held on Wednesday June 24th. The group will run from 5 to 7pm. Dinner will be provided. Please RSVP to Lance at lance@parn.ca

If you are in need of support related services, please contact Lance, HIV Support Services & Programs Coordinator (lance@parn.ca) or Brittany, PHA Engagement Worker (brittany@parn.ca)

Your Voice Matters: **Fill out our Drag Bingo Survey**

For the past 7 years, Ms Madge Enthat and Miss Divalicious, along with Kerri and Chad at the Sapphire Room have been helping PARN do some important work. You might call it a great night out and a chance to win amazing prizes but for us, Drag Bingo is about building community and sharing information about sexually transmitted infections like HIV.

We hope that you will tell us about your experiences at Drag Bingo in our survey (link below). It shouldn't take too much of your time.

A few words of gratitude: Thank you to the 12 local businesses which donated over \$2,100 in prizes last year, and to Madge and Diva - the best dressed, most fabulous Drag Queens in the region!

One more thing - the survey has a few questions about the Men4Men Social following the questions around Drag Bingo. The Men4Men Social directly precedes Drag Bingo and is an opportunity for Gay, Bi and Men who have Sex with Men in the area to get together, meet new people and foster a stronger, more resilient community in Peterborough. Moving forward we'd also love to hear your feedback on how we can further improve this aspect of the Drag Bingo evening.

Take the survey here: <http://fluidsurveys.com/surveys/kimatparn/drag-bingo-evaluation/>



Notice to all Customers of PARN—Limited Access to Elevators in June

Cherney Realty - property manager for 159 King Street where the PARN office is located - has scheduled maintenance and repairs for **the building's elevator which will be out of service for approximately 4 weeks**, as of Thursday, June 4, 2015.

PARN customers who are not able to use the stairs can go to a temporary, accessible space provided by Cherney Realty and located at 261 George Street North (formerly Subway Sandwiches, between King and Sherbrooke Streets). PARN staff will be there on Mondays from 10-12, Wednesdays from 3-5, and Fridays from 3-5 to serve you during the time of elevator maintenance and repairs.

PARN Customers might prefer to use the intercom system located outside the front doors at 159 King Street, to call up to the office and request resources be brought down to the lobby of the building.

The PARN office in Suite 302 will remain open during its regular hours for people who are able to use the stairs at 159 King Street.

Both Cherney Realty and PARN apologize for this inconvenience and interruption in services.

June 2015 Update



Ariel O'Neill, Women and HIV/AIDS Initiative
Community Animator—ariel@parn.ca

WHAI by the Numbers

April 2014 – March, 2015

As we have been compiling year-end data for our funders, we thought this would be a good opportunity to highlight the accomplishments of WHAI over the past year in Peterborough and the Four Counties.

- 31 Education events to 1175 people
- 38 Coalition, network, information sharing meetings with community partners
- 6 Outreach events reaching 140 people

Follow [@WHAIatPARN](https://twitter.com/WHAIatPARN) on Twitter to keep up to date with local news and events from Ontario's Women and HIV/AIDS Initiative.



Save the Date: June 24th

KAİROS Blanket Exercise organized by E Fry, YWCA Start, Nijkiwendidaa, OAHAS and WHAI @PARN. Learn Canadian and local history from an Indigenous-centred point of view.

WHAI Radio is off for the summer season. Thanks for listening and joining in. Send me feedback: what (feminist, social justice, health) topics, agencies or change makers would you like to hear about in fall 2015?

How WHAI worked with the Mental Health and Violence Against Women Sectors in 2014-15

Catalyzed sexual health education for dual diagnosis adult day program

Provided trauma-informed workshop for regional concurrent disorder capacity building team

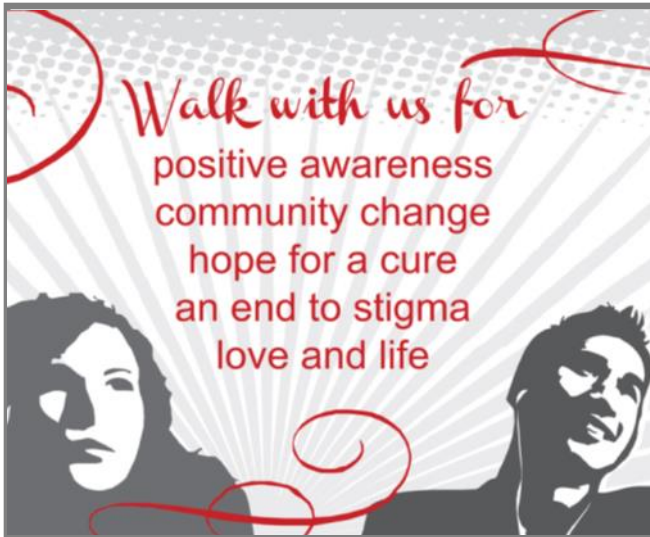
Participate in 4 regional Violence Against Women coalitions

Featured two key initiatives on my Trent Radio show centering on gender-based violence, specifically sexual violence and street harassment

4 County Survey For Survivors of Sexual Violence

The Kawartha Sexual Assault Centre is conducting a survey for survivors of sexual violence across the four county region of Peterborough, Northumberland, City of Kawartha Lakes and Haliburton **until June 6, 2015**. This survey, as part of a Status of Women Canada needs assessment, asks all survivors of sexual violence to share their experiences of accessing community services in response to the violence they experienced or in the prevention of further sexual violence. Sexual violence includes experiences such as, childhood sexual abuse, sexual assault, rape, intimate partner sexual violence, sexual harassment, workplace sexual harassment, online sexual cyberbullying, and sex trafficking.

The Kawartha Sexual Assault Centre asks media to launch this survey with us at: <http://fluidsurveys.com/s/4CountySexualViolenceSurvivors/> For more information, please contact Lisa Clarke at lclarke.ksac@nexicom.net or 705-748-5901 ext. 204.



Save The Date



Sunday, September 27, 2015
Millennium Park—Peterborough

Positive Care Clinic @ PARN

The Positive Care Clinic provides HIV & Hep C testing and treatment in Peterborough at the PARN site on Tuesdays and Thursdays.

The Clinic is designed to be a “one stop shop” for clients seeking HIV, AIDS and Hepatitis C care and is staffed by an interdisciplinary team that includes Infectious Diseases Specialists, Registered Nurses, Social Worker, Dietitian Pharmacist and Administrative Support.

The Positive Care Clinic provides individual assessment and follow-up care, nutrition and medication counselling, onsite laboratory work (blood work), and education opportunities. Services are fully funded but the Ontario Ministry of Health and Long Term Care.

For more information, please visit: <http://www.lakeridgehealth.on.ca/en/ourservices/positivecareclinic.asp>

HEP-C Community Programs:

Peterborough Hep C Testing & Treatment

Every Tuesday & Thursday , 9am - 4 pm
 @ Positive Care Clinic, 159 King Street

Peterborough Hep C Drop In

Tuesday, May 19, 9.30 am - 12.30pm
 @ PARN, Suite 302-2—159 King Street

Port Hope Hep C Support Group

Wednesday, June 24, 1pm - 3pm
 @ PHCHC, 99 Toronto Street

Lindsay Hep C Support Group

Friday, June 12 , 10 am - 1 pm
 @ KLCHC, 108 Angeline Street

ATTENTION:

The PARN offices will be closed on Wednesday, July 1 for the Canada Day Holiday. The offices will reopen on Wednesday, July 2 at 9:00 am.

Rainbow Youth Program



Every Thursday in June

3.30 - 5.30 pm—Suite 302-2, 159 King Street

Rainbow Youth Program Update

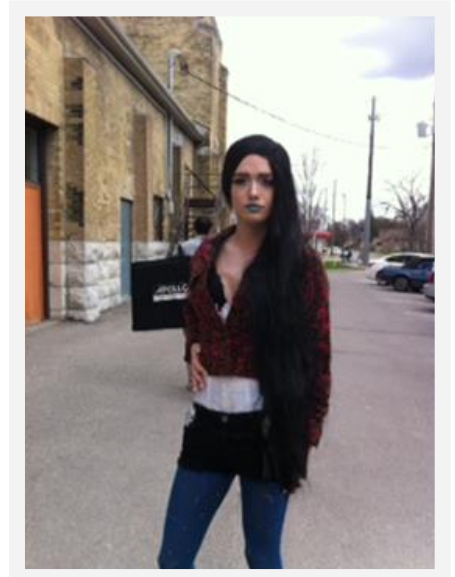
anya gwynne—Rainbow Youth Program Facilitator
anya@parn.ca—705-749-9110 ext 209



May... what a month for the Rainbow Youth Program!

The month began with a dramatic flair as Visa De Klein (Damien Angel) one of our resident drag stars took on Book Face in Lindsay as part of the Health Unit's National Youth Week initiative. The queeRADicals recognized the need for LGBTQ* info being provided during the event and decided to run an info booth with sexual health resources and LGBTQ* resources. The Rainbow Youth Program also hosted a National youth week project in partnership with the Peterborough Drug Strategy and the Peterborough City and County Health Unit, which involved a screening at the Peterborough Public library of *The Perks of being a Wallflower*. Youth, and a few seniors that strolled in, shared reflections around the major themes of the film, including drug use, mental health and sexuality.

Next up was The Trillium Lakelands District School Board GSA Conference where Damien and I ran 4 sessions for youth grade 7-12 on self-advocacy about their bodies and provided an assortment of resources specific to



Urban



Rural

LGBTQ* health. Over 80 youth came to visit

us in our little cabin at Bark Lake leadership centre and we had some amazing conversations about what talking about sex looks like and why it is important.

QueeRADicals took on 2 workshops at the KPRDSB GSA conference hosted by Bowmanville High School. Emma and Bailey ran a workshop titled "Self Care as Warfare" which focused mainly around what consent means and how to negotiate what you want when it comes to relationships and intimacy, which sparked some amazing sharing. Said and Kaz hosted "Gender Constellations: beyond the binary", guiding the creation of charts that looked at the expectations and experiences that participants shared related to their gender. It was a very full day and a great example of the leadership capacity of this group.

The Rainbow youth Drop In continues to go strong with an average of 10-15 youth attending each week, lots of snacks and some fun youth led sessions on Queer Style, tarot and astrology and of course, Card Against Humanity. We meet every Thursday at 3:30 at PARN 159 King St. and our next Queer Movie

Night, open to all LGBTQ* folks and allies is June 11th at 6pm at PARN, where we will be watching Pride. Hope to see you there!

PARN Invites you to join us on **Saturday, June 6, 2015** for:

Delta Bingo's Fundraising Yard Sale!

28 participating local charities and non-profits

LOTS of great treasures available!

FREE peameal on a bun breakfast from 8am

8-12pm—Delta Gaming Centre Overflow Parking Lot, 1019 Clonsilla Ave.



6th Symposium on HIV, Law and Human Rights

Presented by the Canadian HIV/AIDS Legal Network

Friday, June 19, 2015—8:15 AM to 4:30 PM
The 519 Community Centre—519 Church St, Toronto

Topics include

Rising again to the challenge: Lessons from the HIV response for hepatitis C prevention and treatment

HIV criminalization: Emerging strategies and alliances to combat unjust prosecutions

Better health through better drug policy

To register or find out more information, please visit:

www.aidslaw.ca/site/6th-symposium-june2015/

Canadian
HIV/AIDS
Legal
Network

Réseau
juridique
canadien
VIH/sida

Please Welcome Simon and Hannah to the PARN Team!

Simon Turner

I am thrilled to be working for PARN again this summer as the Summer Events Coordinator. Some of you may remember me from last year when I worked on the Live Out Loud Walking Together for HIV Prevention and Support event. I will be working with Dylan on this year's Live Out Loud event plus helping out around the PARN office.

I'm a third-year English Major at Trent University with a passion for books, movies, theatre, art, and all the ways in which we connect as human beings, from creative expression to small talk. I plan on continuing with post-graduate studies and seeing where obsessive nerdiness takes me.

In the last three years, Peterborough has really become my home. As a queer individual, I found the community and friends here to which I once thought I would never have access. And I have to thank PARN in part for that because it's easy for students to be disengaged from the community and find themselves in a bubble. But when I was welcomed into the office last summer, and when all the staff said a heartfelt goodbye at the end of my limited time, I knew a part of me was anchored here to Peterborough to PARN.

I am so pleased to be back at PARN, in an office full of lovely, vibrant individuals, serving the wonderful clientele, and working to fund services that truly make a difference.

Hannah Ward

I am the new student intern at PARN, completing a diploma in Social Service Worker out of Fleming College. I recently received a diploma in Drug and Alcohol Counselling, where I had the opportunity to work at Nogojiwanong Friendship Centre. I have also gained recognition from the Elizabeth Fry Society of Peterborough for being Outstanding Volunteer of 2014.

I am originally from Cornwall ON, however I moved to Peterborough in 2011 and consider this beautiful city my new home. --

I am super excited to be a part of the team here at PARN! There is a sense of community here that allows me to feel like I can

be myself without judgements. I also am fascinated by the harm reduction approach used and implemented for many aspects of life, compared to an abstinence-based approach.

I hope in the future to do outreach work, and to possibly work alongside community agencies and partners, allowing me to use my knowledge to educate front line workers and other staff on the benefits of harm reduction, in respects to drug use, sexually transmitted and blood borne infections, suicide, and all other aspects of life.

I would like to say thank you to PARN for allowing me this opportunity to work as part of their team and I hope to learn and become a valued team member working in the front lines!





Gender Journeys HKPR



<http://tinyurl.com/genderjourneysHKPR>



@GenderJourneys

TWICE MONTHLY DROP-INS



Our drop-in groups offer peer and one-on-one support for all trans and gender diverse individuals. Drop-ins offer a loosely structured forum for discussing current issues, connecting with local community, and getting practical and helpful information outside of our structured Gender Journeys programs. This is a peer facilitated drop-in group run by CMHA HKPR staff.

PETERBOROUGH DROP-IN

1st & 3rd Tuesday of the month
6:30pm - 8:30pm

Multi-purpose room, CMHA HKPR
466 George Street North, Peterborough
Use door at back of building (ring bell)



COBOURG DROP-IN

1st & 3rd Tuesday of the month
6:30pm - 8:30pm

Northumberland Hills Hospital
Community Mental Health Services
1011 Elgin Street West, Cobourg

LINDSAY DROP-IN

2nd & 4th Tuesday of the month
6:30pm - 8:30pm

Kawartha Lakes Reach for Recovery
64 Lindsay Street South, Lindsay

For more info please contact:

Jan Tkachuk, Program Coordinator

Tel: 705-748-6711 ext. 2102 | Email: jan@cmhahkpr.ca



Canadian Mental
Health Association
Haliburton, Kawartha, Pine Ridge
Mental health for all



Ontario
Trillium
Foundation
Fondation
Trillium
de l'Ontario
An agency of the Government of Ontario.
Une agence du gouvernement de l'Ontario.



WANTED: VOLUNTEER CAMP COUNSELLORS

Work with children and Youth
to help them make friends, learn new skills and have fun!



**AUGUST
16-22**
HALIBURTON, ON
(3 HOURS NORTH OF TORONTO)

Transportation
will be provided



The
**Teresa
Group**

The Teresa Group is a community-based charitable organization that serves children affected by HIV and their families.

Apply Online at TeresaGroup.ca

or contact Constance at 416-596-7703 or volunteer.support@on.aibn.com

WHAT IS YOUR STATUS



Where to go and what you need
to know to get tested for HIV.



Questions?

Call us or stop by:

PARN - Your Community
AIDS Resource Network
159 King Street
Peterborough ON
Phone: 705-749-9110
OR 1-800-361-2895

For a testing site near you call
the AIDS and Sexual Health
Info Line: 1-800-668-2437

PARN25
COMMUNITY-BASED HIV/STBI PROGRAMS
SUPPORT. PREVENTION. EDUCATION.



United Way
Peterborough & District
Change starts here.