PARN—Your Community
AIDS Resource Network
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Peterborough, ON K9J 2R8

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Charitable Registration
Number: 133564740RR0001







### September 2016

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### **Board of Directors**

Chair: Mark Phillips

Vice Chair: Alison Rodgers

Treasurer: Megan Mattos

Members at Large: Cheyenne Buck Sarah Frank Mark Smith Bronson Smith

### **Hours of Operation**

Monday: 9.30 am—5.00 pm Tuesday: 9:30 am—5.00 pm Wednesday: 9:30 am—1.00 pm

3.00 pm—5.00pm

Thursday: 9:30 am—6:00 pm Friday: 9:30—5.00 pm

# HIV and Hep C Testing Every Tuesday and Thursday

# @ The Positive Care Clinic Just down the hall from PARN!

Support staff are available to talk with and get more information about the importance of testing and what you need to know.

Talking with PARN Staff is always **confidential! No Appointment Needed** 





The Positive Care Clinic is a Lakeridge Health program designed to be a "one stop shop" for people seeking HIV, AIDS and Hepatitis C care, working closely with people to give them the information and care they need to manage their health and live full and happy lives.

The clinic is staffed by an interdisciplinary team that includes Infectious Diseases Specialists, Registered Nurses, Social Worker, Dietitian Pharmacist and Administrative Support.



# What's Going On? September 2016

### **PARN Office Closures in September**

Please note that the PARN offices will be closed on Monday, September 5 for Labour Day. We will re-open at 9:30 am on Tuesday, August 6.

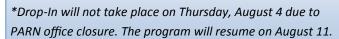
The PARN office will also be closing at 1:00 pm on Tuesday, September 14 to prepare for our Annual General Meeting that evening (see page 10 for details).

### **Rainbow Youth Program**

### **Every Thursday\***

3:30 - 5:30 pm

Suite 302-2, 159 King Street



# HEP-C Community Programs September 2016

### **Peterborough Hep C Testing & Treatment**

Every Tuesday & Thursday, 9am - 4 pm Positive Care Clinic, 159 King Street

### Peterborough Hep C Drop In

Tuesday, September 6 —9.30 am - 12.30pm PARN, Suite 302-2—159 King Street

### Port Hope Hep C Support Group

Wednesday, September 28 —10am-Noon PHCHC, 99 Toronto Street

### **Lindsay Hep C Support Group**

Friday, September 9 —10 am- 1 pm KLCHC, 108 Angeline Street

### Haliburton Hep C Support Group

Friday, September 16 —10 am - 1 pm

## Office Hours at PARN

**Monday**: 9:30 am—5 pm

**Tuesday:** 9:30 am—5 pm

**Wednesday:** 9:30 am— 1 pm, 3 pm—5 pm

Thursday: 9:30 am—6 pm

**Friday:** 9:30 am—5 pm

# The Positive Living Room

This program is open to anyone attending The Positive Care Clinic on Thursday mornings. We open at 10am and run until 11:30 – join us Thursdays for a light breakfast, coffee and conversation while you wait!

M4M: Movies 4 Men—A Gay, Bi Trans, MSM Movie Club Presents:

To Be Announced

Check PARN's Facebook page for details.

# Thank You Erica



Thank you for your compassion.

Thank you for providing PARN a stable home.

Thank you for giving your time to us as a volunteer.

Thank you for all that you did for our community.

Thank you for showing us the power of an extremely pissed off woman.

Thank you for being a part of our lives at PARN.

We will never forget all that you did for us and the people we work to support

### Ministry of Health and Long-Term Care Home and Community Care Survey

The Ministry of Health and Long-Term Care is seeking input in finalizing the values and vision statement that will



Ministry of Health & Long-Term Care

guide the delivery of home and community care. This includes services specifically at home, such as nursing, wound care, personal support (i.e. bathing), etc.

The values and the vision statement are intended to be the guiding principles for the home and community sector, which includes service providers, patients and caregivers (i.e. an unpaid family member, friend, or another individual who has the responsibility for providing continued assistance for a person in need).

The link below will take you to a 5 minute survey to share your thoughts and opinions with the ministry. No personal identifying information will be collected and all responses will be looked at in aggregate.

http://ipsospasurveys.com/s/HCCValueSurvey/



The PARN Stars pose with the championship trophy at the 1st Annual Peterborough Pride 3-Pitch Softball Tournament at Bowers Park Field in Peterborough on Saturday, August 13.

Note: The PARN Stars finished with a record of 0-3 and did not win the trophy that they are holding in this photo.

A big thanks to Peterborough Pride for organizing this amazing event. The PARN Stars will be back next year in search of their first victory! For more details on this year's Peterborough Pride Week, please see page 12.

# **HIV Support Services @ PARN**

# **Positive Plus One Study**

PARN is supporting researchers across the country on Positive Plus One: A national, mixed-methods study of relationships where one partner has HIV, and the other does not. Positive Plus One is currently recruiting participants, and wants to hear the voices of both HIV-positive *and* HIV-negative partners. Participants can share the ups and downs of living with HIV in their relationship. Their experiences may also help other couples, and may lead to better health and support programs for all.

If you would like to participate in the study, please go to <a href="www.PositivePlusOne.ca">www.PositivePlusOne.ca</a> or call 1-888-740-1166. If you or your organization would like to aid in recruitment, please contact us at <a href="mailto:info@PositivePlusOne.ca">info@PositivePlusOne.ca</a>, or by phone at 1-888-740-1166.

Find out more about Positive Plus One on page 10.



### **HIV Survivors Group**

Are you HIV positive? Why not come and join us for lunch on the 3rd Thursday of every month? We meet at the PARN office from noon until 2pm. A truly positive space run by positive peers. To find out more please contact Mark Phillips at markyfund@aol.com

## **Office Hours in September**

Please note that the PARN offices will be closed on Monday, September 5 for Labour Day. We will re-open at 9:30 am on Tuesday, August 6.

The PARN office will also be closing at 1:00 pm on Tuesday, September 14 to prepare for our Annual General Meeting that evening.

Brittany will be away from the office from Friday, August 26 until Tuesday, September 7.

Brittany and Adam will both be away from the office on Monday, September 12 for a Central East Opening Doors committee meeting.

### **Project Inform Looking for Members**

Project Inform group works to amplify the voice, increase levels of involvement, empower individuals, and improve support services for people living with HIV in Peterborough and the Four Counties by: encouraging diversity of voices and participation, by creating meaningful programs and by influencing decision making at all levels of PARN activities. Members can

participate by Skype, and/or phone. Please contact Brittany at 705-749-9110 or brittany@parn.ca for the application and/or more information.



# **HIV Support Services @ PARN**

## Register for Central East Opening Doors—October 12-14, 2016

### **Goals of the Central East Opening Doors Conference**

To enhance the local community capacity to provide effective counselling and support to people living with and/or affected by HIV and/or AIDS.

To promote meaningful partnerships between service providers, people living with HIV and/or AIDS, and other community members to identify and meet the needs of local community.

To promote anti-oppression and social determinants of health approaches to HIV and/or AIDS related support and counselling.

### **Registration Information**

The first day of the conference is reserved for people who are living with HIV and/or AIDS.

Double-occupancy accommodations for people living with HIV cover Wednesday and Thursday nights, including all meals and snacks, are free of charge.

Double-occupancy shared room (2 beds) is \$75.00 per night. Single occupancy is available at an additional charge. Day only registration is \$25.00 and includes lunch and snacks. The registration deadline is Friday September 15<sup>th</sup> at 5pm. You will be notified of the status of your registration application after that date. The cancellation deadline is Friday September 23rd, 2016.

	Day 1	Day 2	Day 3
Breakfast	N/A	8:00-9:00	8:00-9:00
Break	N/A	10:45-11:00	10:45-11:00
Lunch	12:30–2:00	12:30-2:00	12:30 – 2:00
Break	3:30 – 3:45	3:30-3:45	N/A
Dinner	6:00-7:30	6:00-7:30	N/A

To register online for Central East Opening Doors 2016, please visit:

www.ceodconference.com

For more information please contact the conference registrar Marie Marin at marie@yesweplan.ca















<sup>\*\*</sup> If you are feeling sick\* at the time of Opening Doors, please stay home to minimize contact with others. (\*sick: fever, cough, sore throat, runny nose, body aches, headache, chills, fatigue, vomiting, diarrhea)

# A Message from PARN's Fundraising Committee

This year we made the difficult decision to remove our annual Walk from our event schedule. This is due to a number of factors, but is mostly based on our commitment to ensuring that we are placing limited resources where they are most needed.

The Walk has been an important part of our work, providing people an opportunity to pay tribute to the lives we've lost in our community and around the world since 1980 and pledge their commitment (and dollars) to ending the HIV epidemic and supporting people living with HIV in Peterborough and the Four Counties. We know the Walk is as meaningful to our friends and supporters as it is to us, and we are committed to honouring the 24 year legacy of the Walk.

Rather than hosting a Walk this September, we will be directing our energy and efforts toward expanded AIDS Awareness Week and World AIDS Day activities designed to increase awareness of HIV in our community and raise funds to support crucial PARN programs.

We have already begun preparing for the first ever Red Scarf Project in Peterborough and the Four Counties for World AIDS Day, along with a few other events in the planning. If you have any ideas or suggestions for events AIDS Awareness Week and World AIDS Day initiatives, we'd love to hear from you. You can reach out to Dylan DeMarsh at <a href="mailto:dylan@parn.ca">dylan@parn.ca</a> or Brittany@parn.ca, or call them at 705-749-9110.



To make an offline donation, just call us at 705-749-9110 and we can guide you through the process.









# September Update

Ariel O'Neill, Women and HIV/AIDS Initiative Community

Animator, PARN—Your Community AIDS Resource Network

email: ariel@parn.ca twitter: @WHAIatPARN

September is a time of transition and reflection. We must say goodbye to people we cherish, having as little decision or control over their passing from our daily lives as we can choose when summer moves into fall. There is no calendar to plan for loss or schedule in when we must say goodbye. And as the goodbyes mount in our lives, we learn that the way we stay hopeful is to pick the flowers rather than the weeds for our bouquets.

My summer of 2016 began with intense personal family losses. My grief was helped by a supportive workplace and caring community. As I built resilience and practiced the self care principles I promote as a practitioner of trauma informed approaches to community work, I noted how sharply affected I was by two deaths in August. Patricia Zimmer and Erica Cherney were two women who were leaders, community builders and substantively wise.

Patricia was part of a community roundtable that has since become Maajigiyang, or Growing Together, and she was an insightful and steadfast colleague. The two of us cleaned up together in St. Andrew's kitchen after an event in June 2015 and it felt special at the time—more so now. Appreciation is due for the role she played in the establishment of the YES Emergency Shelter and for holding on to funding for the Elizabeth Fry Society during years of federal austerity and tough-on-crime conservative ideology. She made a big impact on community service provision and was humble about it. Condolences to her coworkers and family and let us all continue the hard work of supporting women in conflict with law. On September 14th a memorial benefit will be held—contact info@efryptbo.org for more information

Story continues on next page





**Erica Cherney** 



Patricia Zimmer

# September Update

Ariel O'Neill, Women and HIV/AIDS Initiative Community

Animator, PARN—Your Community AIDS Resource Network

email: ariel@parn.ca twitter: @WHAIatPARN



#### Continued from previous page

Erica Cherney was an institution in the community, and we shared street side conversations that got very deep very quickly, speaking about shared cultural backgrounds, how emigration impacted our families and the self denial of women of earlier generations. She was part of a community response last March to the anti choice bus ads it was announced that Peterborough Transit was going to run. She felt very strongly about women's reproductive choice and could step up and go on record as such. As a person who lived her 80 plus years very well, Erica leaves all of saddened that we won't see her anymore but all so happy we knew her. Grateful to have known her and to have witnessed her grit in the face of challenge, I wish her family and close friends a traditional prayer of comfort among the other mourners of Zion and Jerusalem.

WHAI partners, let's carry forward the spirit of challenge that Patricia and Erica infused us as we work together on various issues including gender based violence, systemic discrimination and inclusive health promotion.

Contact me for training or facilitated dialogues on topics of mutual interest.

# Women's Drop-In Schedule @ PARN 2-4 p.m. on 4th Monday of Each Month 159 King Street Suite 302-2

Each drop-in is an informal time to gather, eat and drink, seek and offer support, help us out with programs and activities.

If you want to help or volunteer, please call 705 749 9110 or email Brittany at brittany@parn.ca



# Join us for our Annual General Meeting

Everyone is welcome to the 26th Annual General Meeting of the Membership of PARN (the Corporation known as Peterborough AIDS Resource Network) on Wednesday, September 14th, 2016 in the Nexicom Lounge at Showplace 290 George Street North, Peterborough, Ontario.

The doors will open for registration at 5:00 pm and the members' meeting will start at 6:00 pm. A social hour will follow at 7:00 pm - please let us know if you'll be attending so that we can arrange for plenty of snacks and refreshments.

Phone PARN at 705.749.9110 to RSVP.



# Do you know someone who would make an ideal member of PARN's Board of Directors?

# Would you like to become a member of PARN's Board of Directors?

Email us at <u>boardrecruitment@parn.ca</u> or visit us at 159 King Street, Suite 302, in downtown Peterborough to apply.

Applications are due 12 noon on September 8, 2016.



www.parn.ca - 705-749-9110

### Positive Plus One Study looking for Serodiscordant Couples

More and more people today are living in serodiscordant relationships, as the incidence of HIV has largely stabilized and the effectiveness of HIV treatment has lengthened the lives of people with HIV. Given the overall lack of research and specific gaps regarding the impact of risk management on relationship quality among serodiscordant couples, there is a clear need for scientific evidence to inform recommendations for programming that will improve health services, enhance wellbeing, and facilitate relationships among couples that minimize the risk of onward HIV transmission. **Therefore, researchers from the Dalla Lana School of Public Health, in collaboration with clinics and AIDS Service Organizations (ASOs) from across the country, are undertaking a study of people in serodiscordant relationships.** 

This project, named **Positive Plus One**, is a national, multi-site, mixed-methods study, leveraging the strengths of quantitative and qualitative methodologies. We seek to interview *both* partners within the relationship, although a person can still take part in the study if their partner declines to participate. By fielding a large, national survey, we will produce a national profile of persons in serodiscordant relationships. Through our qualitative work, we will also describe the processes that produce within-couple and between-couple differences in relationship satisfaction, risk management, and service use.

Overall, the study will:

- (1) characterize HIV-serodiscordant couples across Canada;
- (2) examine the individual, inter-partner, and social determinants of relationship satisfaction;
- (3) examine links between relationship quality and management of HIV-transmission risk among HIV serodiscordant couples;
- (4) assess HIV serodiscordant couples' needs, and access to, supportive services; and
- (5) document how serodiscordance affects their relationship and everyday life.

Additional information, including study eligibility, a "Frequently Asked Questions" document, and a link to the survey may be found at <a href="https://www.PositivePlusOne.ca">www.PositivePlusOne.ca</a>. The *Positive Plus One* study is being conducted in both official languages. We aim to recruit a sample size of n=2,050 individuals, including at least 410 current dyads from across Canada.

This study has received ethics approval from the University of Toronto Research Ethics Board (REB); however, if you feel that it is necessary to receive ethics approval from your own REB/IRB we can provide you with informational and/or staff support to complete your ethics review forms.

Positive Plus One, is already supported by physicians across the country. On behalf of the study's Principal Investigator, Dr. Liviana Calzavara, our co-investigators and collaborators, and the study staff from the University of Toronto's Dalla Lana School of Public Health, we invite you and your clinic to be part of this unique research opportunity.

If you have questions, please feel free to contact the Project Manager, Sandra Bullock, directly at s.bullock@utoronto.ca or by telephone at 1-416-978-1224 or 1-888-740-1166.

### **PARN Needs Your Support for Our First Ever Red Scarf Project**

The Red Scarf Campaign raises awareness and funds for HIV while also serving communities needs in the winter months.

It began in 2012 with staff and volunteers of the Regional HIV/AIDS Connection putting hundreds of red scarves in downtown London and Stratford on December 1<sup>st</sup>, World AIDS Day. The red scarf was meant as a larger scale version of the Red Ribbon, the international symbol of support for people living with HIV and/or AIDS. Cards were attached to the scarves to explain the meaning behind them and encourage individuals to wear them and spread the information.

Brittany Cameron, the HIV Engagement Worker at PARN, says, "I think the Red Scarf Campaign is important because bringing awareness brings visibility and through visibility we can have some of those uncomfortable conversations and break down some of the stigma surrounding HIV and AIDS."

PARN is organizing the first Red Scarf Campaign in Peterborough and the four counties this year. Donations of scarves will be accepted until November 28<sup>th</sup> and will be placed in locations throughout the four counties on Thursday December 1<sup>st</sup>, World AIDS Day.



### How to Get Involved

We are looking for individuals to knit and crochet scarves, volunteers to facilitate workshops, and/or local groups to knit and crochet scarves for the campaign. We ask for scarves that are red and approximately 6" by 60" in size, but the pattern is completely your choice! We are also looking for donations of red yarn, knitting needles, crochet hooks, and other supplies.

If you are interested in contributing, please contact Brittany at <a href="mailto:brittany@parn.ca">brittany@parn.ca</a> or call 705-749-9110 x204.

### Job Posting—Rainbow Railroad is searching for an Executive Director

Founded in 2006, Rainbow Railroad is a volunteer-based Canadian charity with a mission to help persecuted LGBTQ individuals get to safety. This mission is carried out through two programs - Emergency Travel Support and a pilot project on Private Sponsorship.

The Executive Director (ED) will have overall operational responsibility for Rainbow Railroad's staff, programs, execution of its mission, and implementation of its strategic plan with a strong focus on revenue growth and program expansion.

Find the full job posting at: <a href="mailto:charityvillage.com/jobs/search-results/job-detail/id/345346/1/2.aspx">charityvillage.com/jobs/search-results/job-detail/id/345346/1/2.aspx</a>

# **Community Voices: Rob Olver**

### "I'm undetectable and yes, I'm uninfectious"

This article was written for PositiveLite.com, Canada's Online HIV magazine. Read more at <u>www.positivelite.com</u>.

Rob Olver is the Assistant Editor at PositveLite.com

We are at a watershed. That watershed is exemplified by the knowledge that with an undetectable viral load I cannot transmit HIV. That is huge. But how did we – how did I – get to that place?



One of the really great things about my contracting HIV has been the renewed sense of purpose I have and the way it has galvanized me to learn and do what I can to further the struggle against this epidemic and the multitude of social and economic factors that fuel it. I've always had these concerns. But in the time just before my diagnosis I was in a hopeless place, my hope replaced by cynicism and anger, my resolve blunted and a sense of being overwhelmed hanging over everything. I was looking for the next step but not seeing it. HIV gave me something I was sorely missing: the chance to feel wholeheartedly about something.

My HIV diagnosis reminded me of what's important to me and helped me to rearrange my life accordingly. And immediately after I was diagnosed, I began to meet the most wonderful people. A lot of them are people living with HIV, just as I am. They come from all walks of life and most of them have a hell of a lot to say. Some of it I agree with, some I don't. That's OK. I'm not impervious to reason and those conversations are important to me.

Meeting these new friends with whom I feel so much commonality and having the chance to work with them, with the accompanying realization that we are all more similar than different, has been a strongly affirmative factor in my post-diagnosis life.

That's not to say there aren't things that get me down. Stigma, the enemy of people with HIV everywhere, ranks high on my list. Don't get me wrong, these days there's plenty of good news in the HIV continuum. But stigma and prejudice are alive and well almost wherever I look and I spend a lot of my waking hours looking. Now that I'm assistant editor here at PositiveLite.com (can world domination be far behind?) my life has more or less become a kaleidoscope of all things HIV.

It isn't stigma about just HIV; it's about who we are, or who we fuck or what we do for a living or what sort of drugs we take, et cetera, et cetera, ad nauseam. Sometimes it comes from within our own ranks, but for years now, HIV has provided a handy excuse for those uninfected who are so inclined to persecute and prosecute HIV's "key populations."

So when those same key populations were not recognized at the High Level UN meeting on HIV/AIDS, that was stigma in action.

(continues on next page)

And when I read recently that a consensus was emerging at AIDS 2016 in Durban that there isn't enough money being put on the table to treat everyone, that was stigma in action too. And when I read, for another example, that "Any person in Kenya can now be legally tortured to find out if they are gay" (that'll really encourage people to get tested, won't it?) that's stigma to the nth degree, alive and as hateful as ever.

And closer to home, in North Bay Ontario, a friend's HIV status was recently outed by someone she trusted. As a result, she soon found that no one would speak or have anything to do with her. The main complaint seems to have been that she had endangered some of them by sharing a joint. So she was shunned and driven from the community.

That's stigma as well and it diminishes us all. And it gets me down.

But right now I'm feeling really, really up and the main reason for this is the Prevention Access Campaign and the fact that PositiveLite.com has endorsed its message. That message is a simple one: undetectable equals uninfectious. Prevention Access Campaign with NYC's Bruce Richman its most visible spokesperson, is a global initiative to coordinate and improve messaging, marketing and access to HIV prevention. You can read the consensus statement here.

The Undetectable = Uninfectious message, although some may quibble with the language, is a rare opportunity for people living with HIV to own the issue of combatting stigma. I want it to be the broom that sweeps it aside. As a person living with HIV I am thrilled to think of what can happen as the message and the science behind it continue to penetrate the courts and our culture at large. And I'm even happier about the fact that this campaign is being driven by people who are living with HIV.

That's what's different. It's knowledgeable peers who have studied the science well letting other peers in on what the science tells us. Many are unaware they are uninfectious or have been told otherwise, or the science has been misstated. The facts badly need to get out. So it's about us doing just that while taking control of our narrative, our lives and our future in a way that's never been possible until now.

I think Uninfectious = Undetectable will have far-reaching ramifications sexually, legally and as a tool for combating the stigma and prejudice that remain for many of us - the most punishing thing about contracting HIV these days.

So yes, we are at a watershed moment. The science supports us and we need to ensure that the law starts to as well. But it's up to us to take ownership of this message in our own lives and in our advocacy for others. If there ever was a time to call out ignorance and prejudice wherever we find it, now is that time.

This campaign and the conversations that come out of it represent an important step on the way to ensuring a modicum of dignity and freedom for people living with HIV in this country and abroad.

I'm thrilled to endorse the Undetectable = Uninfectious campaign. As a person living with HIV I wish everyone would. I can't think of anything more empowering or capable of improving our lives by changing the way we think about HIV.

### Get Involved in the 14th Annual Peterborough Pride

The 2016 Peterborough Pride theme is "Love Wins!"

Pride is looking for help with organizing events, setting up and marshalling at the parade, and setting up and cleaning up at events. If you'd like to volunteer with Pride, email volunteer@peterboroughpride.ca.





If you'd like to register a float in the Parade, please visit: <a href="www.peterboroughpride.ca/join-the-parade/">www.peterboroughpride.ca/join-the-parade/</a>. If you'd like to perform at Pride, please visit: <a href="www.peterboroughpride.ca/perform/">www.peterboroughpride.ca/perform/</a>. To keep up to date with event listings, please visit: <a href="www.peterboroughpride.ca/2016-events/">www.peterboroughpride.ca/2016-events/</a>.

#### **Peterborough Pride 2016 Events**

#### Friday September 16th

Noon Pride Flag Raising @ Peterborough City Hall, 500 George St N.

The Mayor will be in attendance to help raise the Pride flag. Come out and help launch Pride!

7-9pm GET YER SKATE ON! Roller Disco Skate Night @ The Village on Argyle, 780 Argyle St

Your hosts the Peterborough Quad Roller Squad will play tunes for two hours for your skating

pleasure! 10\$ adults or 5\$ children under 17.

9pm-1am Wild Out Women's (WOW) Dance @ Lion's Club, 347 Burnham St

Celebrate Pride with DJ Synfully Sweet. 10\$ for this 19+ event with cash bar and snacks.

#### **Sunday September 18th**

10am Love Wins @ The Unitarian Fellowship of Peterborough, 775 Weller Street

Let's take love out for a drive! Listen to Rev. Julie Stoneberg and The Occasional Singers.

10:30am Pride Worship Service @ Emmanuel United Church, 441 Rubidge St

Come celebrate Pride with the congregations of St. Emmanuel United Church and Trinity

United Church, both Affirming Congregations of the United Church of Canada.

3pm Pride Plant Walk @ Rotary Park, East bank of London St Bridge

Join Queer Roots on a walk along the river where you will learn about plants as medicine,

food, and teachers. Sliding scale 15-20\$ or PWYC.

7pm Film Night at Pride @ Seeds of Change, 534 George St N

Doors open 6:30pm. 5\$ at the door or PWYC

#### **Tuesday September 20th**

6pm Euchre Gathering @ The Spill, 414 George St N

The Spill Café extends a warm welcome to any euchre players. Come enjoy the fun! Free.

7pm PFLAG Sharing Meeting @ George St United Church, 534 George St N

This is an invitation to members of the Pride Community to share ideas, thoughts, and

issues of concern, as well as explore opportunities in a safe space.

### **Peterborough Pride 2016 Events (continued)**

#### **Wednesday September 21st**

2-5pm Drama Queens: An LGBTQ2 Theatre Workshop @ The Theatre On King, 159 King St Explore performance, movement, speech, and Shakespeare in a safe, comfortable, supportive, non-normative environment with Kate Story and Derek Newman-Stille. PWYC.

#### **Thursday September 22nd**

6pm Frontrunners Walk/Run @ outside Dream of Beans Café, 138 Hunters St

All levels of walkers/runners welcome! Meet back at Sam's Place at 188 Hunter St at 7pm for

food and friendly discussion among new and old friends.

7pm Take Back the Night—Light Your Way Walk @ locations throughout four counties

Join one of these locations to rally and march against sexual violence in Peterborough,

Lindsay, Haliburton, and Cobourg. March begins at 7:30pm.

### Friday September 23rd

8am-8pm Pride Day on Trent Radio @ 92.7 FM or www.trentradio.ca to livestream

Tune in for a full day of LBGTQ2 programming on Trent Radio as they explore topics of

inclusion, family, queer literature, ageing and sexuality, and so much more.

#### **Saturday September 24th**

11am PFLAG Pre-Parade Brunch @ George St United Church, 534 George St N

Come out to this free family event and meet new and old friends from the community before

the parade! Games for the children. Everyone is welcome.

1:30pm Everyone Loves a Pride Parade! @ Peterborough City Hall, 500 George St N

Bring a friend, the family, yourself and most of all—your pride! Don't miss this awesome

opportunity to be out and proud in your own community! Parade starts at 2pm.

2:30-6pm Pride in the Park @ Millenium Park (at the East end of King St)

After the Parade, join us in the park. DJs will be spinning family friendly tunes and there will

be booths for queer-friendly agencies, food, a beer garden, youth activities and more!

6-8:30pm Square Dance for Everyone @ St John's Anglican Church, 99 Brock St

No experience needed, no partner needed. Just show up and the caller Joe Uebelacker will

have you dancing in seconds!

7:30pm ActOUT: The Official Pride Show @ Market Hall, entrance on Charlotte St east of George

This will be an amazing show highlighting the extraordinary talents that our diverse LGBTQ+

community has to offer. All ages event; \$10 or PWYC at the door. Show starts at 8pm.

8:30pm TIDAL WAVE Pride After Party @ Shots, 379 George St N

Featuring Divalicious, Madge Enthat, Dixie Q, Hey Girl, TJ Steele, Franchesca FeelAlot,

Casandra Mistress of the Park and djs SWEET TOOTH and DRU. \$10 in advance/\$15 at door.

#### **Sunday September 25th**

3pm Hangover Bangover Pride Roller Derby Scrimmage @ Knights of Columbus Park on Park St S

Free event hosted by Peterborough Roller Derby League. Special Pride Week Exhibition

Scrimmage: school yard pick of players from Peterborough and beyond.



Saturday, September 10th from 7:30pm to 10:30pm

# TICKETS ON SALE NOW!

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\* \* Limited tickets available for purchase \* \* at the mall doors on Sept. 10th for \$10 each

Thank you to our Sponsors







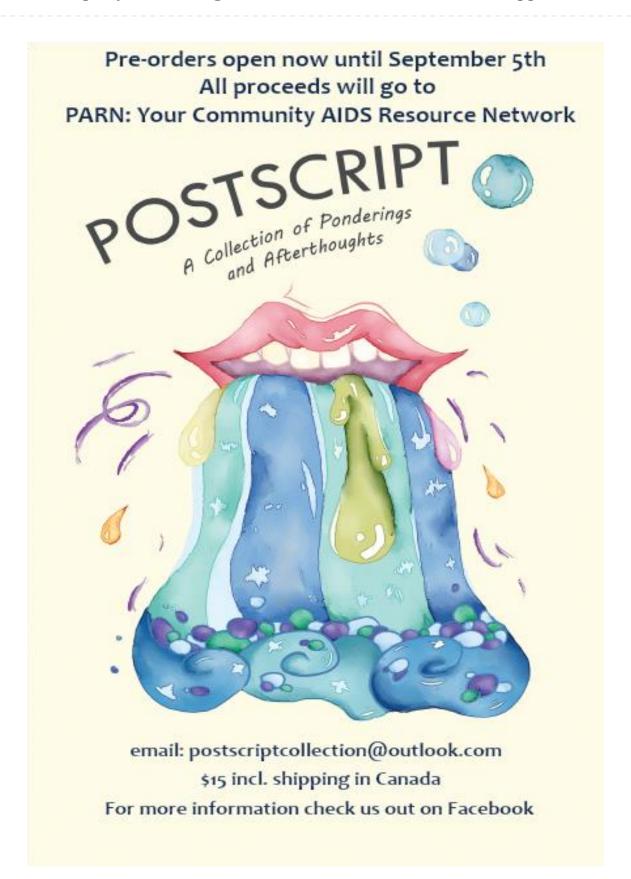
Are you a guy?
Into Guys?
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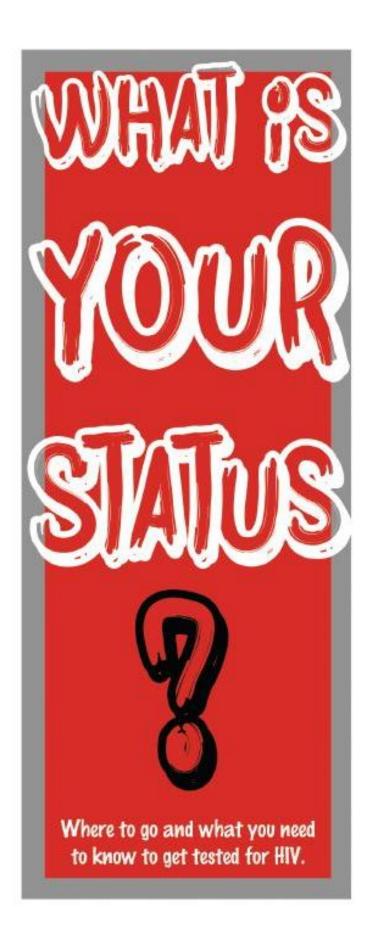
PARN Needs You
For Sexual Health
Online Outreach
Volunteering

Contact Chris Jardin chrisj@parn.ca or 705-749-9110



Postscript: A Collection of Ponderings and Afterthoughts is an anthology of anonymous letters that were born from a need for catharsis. Publisher Kayla Reinhard and editor Monika Trzeciakowski have chosen to donate the proceeds of the anthology to PARN as a 3<sup>rd</sup> party fundraising initiative. We are thankful for this support!







# Call us or stop by:

PARN - Your Community AIDS Resource Network 159 King Street Peterborough ON Phone: 705-749-9110 OR 1-800-361-2895

For a testing site near you call the AIDS and Sexual Health Info Line: 1-800-668-2437



