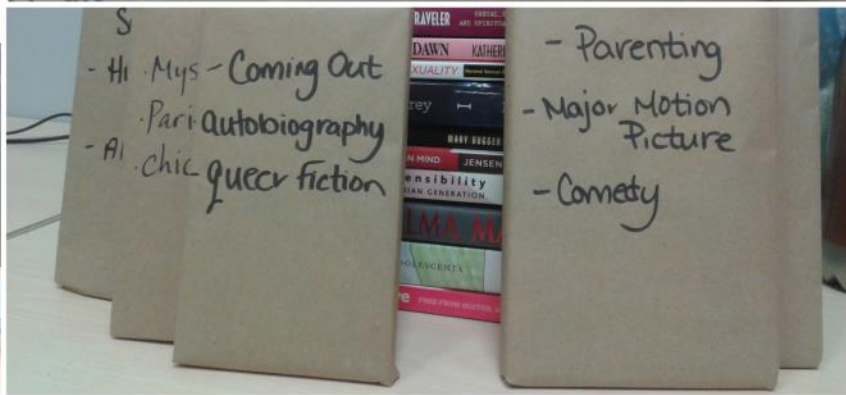
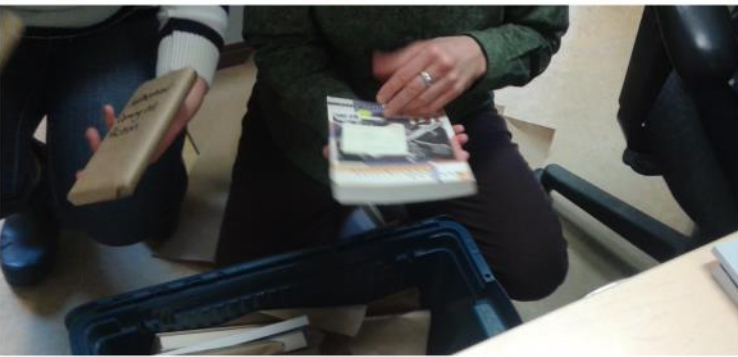
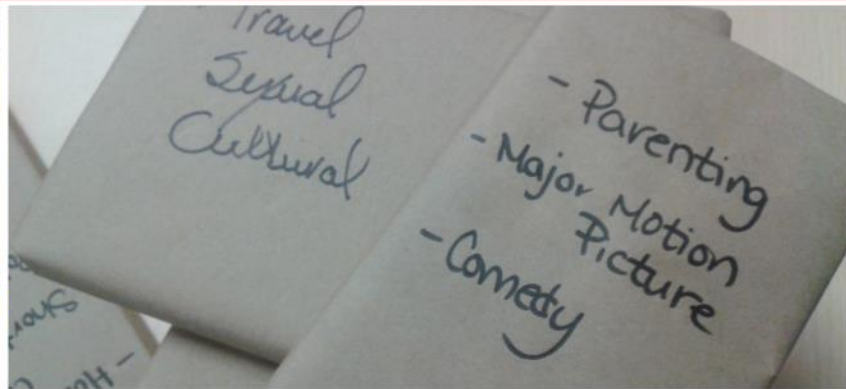


Newsletter - March, 2017



PARN volunteers, placement students and staff are preparing for the
 Blind Date with a Book event on March 8 - See page 8 for details

Lots to read
 about inside!

Men's Fertility Study
 Sexual Health Awareness Week
 RFP: CEOD Conference Planner

PARN is a community based agency providing support and health promotion for people living with or affected by HIV and/or AIDS. PARN provides education for people at risk for HIV and awareness of AIDS issues to the broader community.

PARN's Board of Directors

Chair:

Mark Phillips

Vice Chair:

Amanda Campsall

Secretary:

Kirk Parry

Members at Large:

Cheyenne Buck, Sarah Frank (*Chair, Board Development Committee*), Kim Kennelly (*Chair, Fundraising and Communications Committee*), Megan Mattos, Bronson Smith

What's Going On March 2017



Rainbow Youth Program Every Thursday - 3:30 - 5:30 pm
Suite 302-2, 159 King Street



Office Hours @ PARN

Monday:

9:30 am–5 pm

Tuesday:

9:30 am–5 pm

Wednesday:

9:30 am– 1 pm, 3 pm–5pm

Thursday:

9:30 am–5 pm

Friday:

9:30 am–5 pm

Closed Saturdays and Sundays

Positive Living Room

Every Thursday - 10 to 11:30am

The Positive Living Room is open to anyone attending the Positive Care Clinic on Thursday mornings. Join us for a light breakfast, coffee and conversation while you wait for your appointment.

Please note: The PARN offices now close at 5pm on Thursdays.



Men's Sexual Health Clinics in Peterborough and Port Hope

PARN has partnered with Peterborough Public Health and the Haliburton, Kawartha, Pine Ridge District Health Unit to provide monthly clinics dedicated to men's sexual health in Peterborough, Port Hope and Lindsay. Free and confidential services include testing for HIV, Hep C, & Sexually Transmitted Infections as well as condoms, lube & information on sexual health. Get The Facts! Stay Safe! Know Your Status!



Lindsay - Thursday, March 9 - 5pm to 7pm

HKPR District Health Unit

108 Angeline St. S., Lindsay, ON

Port Hope - Tuesday, March 28 - 5pm to 7pm

HKPR District Health Unit

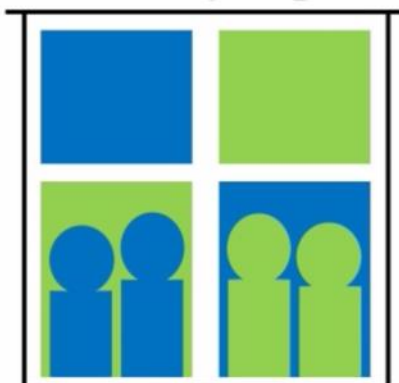
200 Rose Glen Rd - 905-885-9100

Peterborough - Date to be confirmed

Getting ready for Central East Opening Doors

Planning is well under way for this year's Central East Opening Doors conference, which brings together people living with HIV, service providers and community members to enhance the capacity of our communities to respond to identified HIV counselling, support and prevention needs.

We'll be heading back to Fern Resort near Orillia this year and the theme for this year's conference will be U=U? (Undetectable = Untransmittable). We will look at the science, what it means for individuals living with HIV, and increasing general understanding of the provincial HIV Strategy goals. Keep an eye on the April E-News for an announcement of this year's date.



Save The Date

PARN's Annual
General Meeting
of the
Membership

Wednesday

JUNE

21

Join us for Queer Movie Nights

PARN hosts Queer Movie nights at Catherine Parr Trail, Bagnani Hall. The next movie night is March 15 from 6pm to 9pm. Following Queer Movie Nights will be held on April 19, and May 17 from 6pm-9pm.

Movies that feature LGBTQ+ identities and issues, followed by a discussion. Free and open to all in an accessible space.

Movies to be announced, check us out on Facebook. Want to suggest a film? Contact anya@parn.ca



A Taste For Life - Wednesday, April 26

Mark your calendars for the return of Peterborough's first foodie-fundraiser - A Taste For Life - on Wednesday, April 26. We're still finalizing our list of partner restaurants for this year, so make sure to check out our A Taste For Life website in the coming weeks:

www.ATasteForLife.org



HIV Support Services

@ PARN



The Men's Fertility Study

What is this study about?

The Interdisciplinary HIV Pregnancy Research Group (IHPREG) are studying whether men with HIV wish to become parents and the types of supports available to them and their families.

Who is eligible to participate?

Men (including transgender men) 18 years of age or older. Men who participated in an earlier pilot study of this survey are not eligible for this study.

What is involved?

A single visit in which participants will be asked to complete an online questionnaire with a member of the research staff. The visit is expected to last about one hour and you will receive \$30 for participating.

If you are interested in participating in this study or want more information, please call our confidential phone line and leave a message: 1-866-301-2548 or 416-642-0181.

LHIVE Healthy – A Web Based Study to help you make healthy choices.

Are you living with HIV? Would you like to be more active? Eat better? Smoke less?

For more information or to participate please visit:

<http://tavie.cr.chumontreal.qc.ca/TAVIEensante-users/Confirmations/en/participate-in-the-research.html>



March Office Hours

Brittany will be out of office on Monday, March 6 and from Thursday, March 9th until Tuesday, March 21st. Adam will be away from the office on Thursday, March 2.

Picnic Planning

We are looking for folks to help plan our Annual Summer Picnic. Our first planning meeting is March 23rd. Let Brittany know if you are interested in participating.

HIV Survivors Lunch

Are you living with HIV? Why not come and join us for lunch on the 3rd Thursday of every month? We meet at the PARN office from noon until 2pm. A truly positive space run by positive peers. To find out more please contact Mark Phillips at markyfund@aol.com

Positive Quitting

Please visit www.positivequitting.ca where you'll find resources, links to smoking cessation helplines, training opportunities, model policies, and facts about smoking and HIV. Whether you're a person living with HIV or an employee at an HIV clinic or AIDS service organization, these resources are for you.



Request for Proposal: Conference Planner

Central East Opening Doors (CEOD) HIV Counselling Initiative Conference

Contract: May through December 2017 - Potential 2018 renewal (February - January).

Program Overview:

The Opening Doors HIV Counselling Initiative provides opportunities for people living with HIV/AIDS (PHAs), their friends, families and health care and other service providers to learn from each other and develop and maintain quality services for PHAs.

The Central East Opening Doors HIV Counselling Initiative encompasses two provincial planning areas: Peterborough and Durham Regions, and is funded by the Ministry of Health and Long-Term Care, AIDS Bureau. The organizing committee is composed of representatives from two different AIDS Service Organizations, the PARN-Your Community AIDS Resource Network (Peterborough and the Four counties), The AIDS Committee of Durham Region (ACDR), community partner agencies including The John Howard Society, Public Health, The Positive Care Clinic – Lakeridge Health Services and individual community representatives. The committee works under a consensus based decision making process.

The annual operating budget for the conference including the remuneration for the conference planner is approximately \$50,000 in total. The 2017 conference venue has been confirmed and includes accommodation, meals and meeting rooms.

Position Overview:

The Central East Opening Doors Conference (CEOD) is a three day event with approximately 100 attendees. The Conference Coordinator will work closely with the members responsible for legal, fiscal and fiduciary oversight who will provide direction and authorization; and the CEOD Planning Committee who will provide support and practical assistance; and will coordinate and deliver this local initiative, within the Program and Financial Guidelines of the Ministry of Health and Long-Term Care, AIDS Bureau.

Continues on next page

Request for Proposal: Conference Planner

Central East Opening Doors (CEOD) HIV Counselling Initiative Conference

Duties Include:

- Reviewing and following the Program and Financial Guidelines of the Ministry of Health and Long-Term Care, AIDS Bureau
- Operating within the Terms of Reference of the Planning Committee
- Attending meetings of the CEOD Planning Committee
- Responsive and timely communications with the CEOD Planning Committee
- Reporting directly to and working with the Executive Directors of PARN & ACDR to establish a working budget for the conference and monitoring of same
- Obtaining specific quotes and negotiating contracts for selected conference facilities
- Developing marketing tools for promotion of the event
- Negotiating menus and meal plans for the conference
- Negotiating and arranging hotel accommodations for conference guests
- Coordinating, printing and collating the conference program; including plenary speaker bios and photos, updating online information
- Providing on-site event management services for the three-days of the conference including; registration of delegates, program, name tag and gifts to delegates, speaker and moderator coordination and registration (including distribution of supplied gifts) (program speakers and moderators will be selected and negotiated by the event committee volunteers) and coordination including sponsor hospitality
- Maintaining and understanding confidentiality as it relates to conference attendees
- Coordinating logistics of any off-site events; including busing, tours, hospitality
- Completing the final reports for review by Planning Committee to fulfill requirements of the funder/s
- Ensuring that all conference details are attended to

CEOD operates in an anti-racism, anti-oppression framework from a harm reduction perspective and endeavours to foster the greater involvement and more meaningful engagement of people living with HIV in its work.

CEOD is committed to the principles of employment equity, including sexual orientation. Persons living with HIV/AIDS are strongly encouraged to apply. Only those individuals or companies selected for an interview will be contacted.

Your proposal will be submitted in PDF format and will include detailed information specific to the criteria noted in this RFP.

Proposals must be received by email only by 9 a.m. March 8, 2017 to be considered.
Attention: Adrian Betts, Executive Director - director@aidsturham.com

Sexual Health Awareness Week Dispatch #pillowtalk

Some folks who came for harm reduction services at PARN during the week of February 12-19th were engaged in a fun, prize filled spinning wheel game coordinated by the WHAI program and placement students.

Thank you for making me feel like a kid again - game participant



20 tweets & 5 new followers

200 condom and consent packages @ 3 bars

25 people engaged in sexual health conversations

Ariel is talking to Social Work and Nursing program students about gender and harm reduction at Trent this March, helping to plan a workshop bringing to light stories of women from Syria (see left image) and looks forward to Women's Day events in the community.

Peterborough Domestic Abuse Network Presents

Friday March 31st
12:00-3:00 pm

Trauma and resilience: stories of women from Syria

A trauma informed talk for community agency workers

Location:
Peterborough Naval Association (Navy Club), Admiralty Hall
24 Whitlaw St.
Peterborough (Landsdowne @ River Rd.)
Map: <http://bit.ly/2mE0Pyp>

Speakers: Zeena Al Hamdan, Arab Community Centre, Toronto
Kemi Akapo, New Canadians Centre, Peterborough

Cost: \$15.00
Includes workshop and catered lunch

To register, see attached form or contact skuhlhornhille@hotmail.com

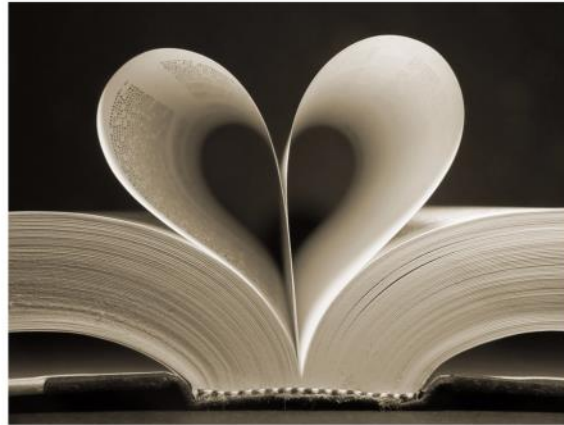
for Love Positive Women in February, 10 women facing systemic risk factors received messages of love from AIDS Committee of North Bay and Area (ACNBA)

PARN Presents

Human Library and Blind Date with a Book

A fundraiser for the United Way

Wednesday
March 8th
11am-2pm



Peterborough Square
Food Court

In celebration of International Women's Day, and in support of The United Way Campaign Peterborough, PARN is hosting a Human Library, Blind Date with a Book and a bake sale!

Human Library

Come listen to the stories of woman who are resilient in the face of adversity and learn about what makes them bold for change! There is a suggested donation of \$5.00

Blind Date with a Book

Like going on a date without knowing who it is, take a book home without knowing the title. Each books features description and genre tags. Suggested donation of \$2.00 per book

Bake Sale

We will have a variety of yummy baked goods available to purchase for your sweet tooth.



#BeBoldForChange
#IWD2017



100% of the proceeds from this event will be directed to The United Way Peterborough and District's Annual Giving Campaign.

Celebrate



International Women's Day at

TAMPON TUESDAY

SHOPPERS LOVE YOU.
PUTTING WOMEN'S HEALTH FIRST



DATE: Tuesday, March 7, 2017 **CITY:** Peterborough, Ontario

TIME: 5pm - 7:30pm **VENUE:** The Junction (257 George St. N.)

TAMPON TUESDAY IS A UNIQUE WAY TO GATHER WITH OTHERS IN YOUR COMMUNITY TO NETWORK, SOCIALIZE & GO WITH THE FLOW. EVERYONE IS ENCOURAGED TO BRING MENSTRUAL HYGIENE PRODUCTS FOR THE CROSSROADS AT YWCA, CAMERON HOUSE, KAWARTHA SEXUAL ASSAULT CENTRE & KAWARTHA WORLD ISSUES CENTRE.

AMBASSADORS:



Dr. Susan Hillock
Professor,
Trent University



Marion Burton
President,
Peterborough & District Labour Council



Lisa Smith
Director of Philanthropic Impact,
United Way Peterborough & District

SPECIAL THANKS TO OUR SPONSORS:



/TAMPONTUESDAY

TAMPONTUESDAY.CA



@TAMPONTUESDAY



NEEDLE RETURNS

PARN

159 King St. Suite 302, Peterborough

9:30am - 5:00pm

The Warming Room

175 Murrarby St, Peterborough

8:30pm - 8:00am

One Roof Community Diner

99 Brock Street, Peterborough

12:00pm - 7:00pm

Four CAST

130 Hunter St. W Suite 200,

Peterborough

8:30am - 4:30pm

WHAT IS YOUR STATUS



Where to go and what you need
to know to get tested for HIV.



Questions?

Call us or stop by:

PARN - Your Community
AIDS Resource Network
159 King Street
Peterborough ON
Phone: 705-749-9110
OR 1-800-361-2895

For a testing site near you call
the AIDS and Sexual Health
Info Line: 1-800-668-2437



United Way
Peterborough & District
Change starts here.