

Newsletter - August, 2017



We're looking for people to join our peer advisory group!

See Page 5 for all of the details

Also inside this issue

Positive Quitting - Resources to stop smoking (Page 4)

Gay/Bi/Trans/MSM/2S Focus Group - August 4 (Page 5)

Social Knitworking for World AIDS Day (Page 7)

PARN is a community-based agency providing support and health promotion for people living with or affected by HIV and/or AIDS. PARN provides education for people at risk for HIV and awareness of AIDS issues to the broader community.

PARN's Board of Directors

Chair:	Vice Chair:	Secretary:	Treasurer:
Mark Phillips	Amanda Campsall	Kirk Parry	Cynthia Lord

Members at Large:

Cheyenne Buck, Lawrence Finnie, Alex Karn, Kim Kennelly, Meredith Richmond

What's Going On August 2017



Rainbow Youth Program Every Thursday - 3:30 - 5:30 pm
Suite 302-2, 159 King Street



Office Hours @ PARN

Monday:

9:30 am–5 pm

Tuesday:

9:30 am–5 pm

Wednesday:

9:30 am– 1 pm, 3 pm–5pm

Thursday:

9:30 am–5 pm

Friday:

9:30 am–5 pm

Closed Saturdays and Sundays

Positive Living Room

Every Thursday - 10 to 11:30am

The Positive Living Room is open to anyone attending the Positive Care Clinic on Thursday mornings. Join us for a light breakfast, coffee and conversation while you wait for your appointment.

Please note: The PARN offices will be closed from Monday, August 7 to Friday August 11.

We will re-open at 9:30 am on Monday, August 14.

Men's Sexual Health Clinics in Lindsay and Port Hope

PARN has partnered with Peterborough Public Health and the Haliburton, Kawartha, Pine Ridge District Health Unit to provide monthly clinics dedicated to men's sexual health in Peterborough, Port Hope and Lindsay. Free and confidential services include testing for HIV, hep C, & sexually transmitted infections as well as condoms, lube & information on sexual health. Get The Facts! Stay Safe! Know Your Status!

Lindsay - Thursday, August 10 - 5pm to 7pm

HKPR District Health Unit

108 Angeline St. S., Lindsay, ON

Port Hope - Tuesday, August 22 - 5pm to 7pm

HKPR District Health Unit

200 Rose Glen Rd - 905-885-9100



The Prep You Want - Take the survey, get \$5

In an effort to provide affordable solutions to accessing PrEP, the Gay Men's Sexual Health Alliance (GMSH) has created "The PrEP You Want: How to Order PrEP Online" as part of The Sex You Want campaign.

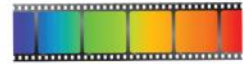


GMSH have created a survey to assess whether guys will actually use it and why/why not. If you do the survey, you'll get \$5. The survey should only take 10-15 minutes and you can find it here:
<https://tandom.hostedincanadasurveys.ca/index.php/654827?lang=en>

Gay/Bi/Trans/MSM/2S Focus Group - August 4

Next Gay/Bi/Trans/MSM/2S Focus Group is August 04, 2017 @ Catalina's from 8pm-9pm. These meetings (6 in total) are all about surfacing issues faced by guys who have sex with guys in Peterborough & 4 Counties, and looking at creating interesting, community-led programming/events to address some of these issues. For more info, please visit:
<https://sites.google.com/parn.ca/msmptbo/introduction>

Queer Movie Night August 30



The next movie night will be held at Catalina's (131 Hunter St. W) on August 30 at 8pm. Queer Movie Nights that feature LGBTQ+ identities and issues, followed by a discussion. Free and open to all in an accessible space. Movies to be announced, check us out on Facebook. Want to suggest a film? Contact anya@parn.ca

Queer Social Nights - Every Friday @ Catalina's!

Come with friends or meet new ones at Catalina's (131 Hunter St W in downtown Peterborough) every Friday beginning at 9pm for Queer Social Night. Alcohol is served, but anyone can come by.



Harm
Reduction
Saves
Lives



Harm Reduction
Works
@
PARN

Join PARN staff and volunteers every Thursday from 10:00am to 11:30pm to make kits for our Harm Reduction Works program.

Welcome from PFLAG Peterborough

PFLAG Canada Peterborough Chapter has been meeting at PARN for over a year. Our Sharing Meetings are the 2nd Thursday of the month at 7pm in Suite 302-2.

For directions or more information please contact Dianne McKay at 705 749 9723 or ladydi@nexicom.net

PFLAG CANADA
PETERBOROUGH - ON

Visit the website at
<http://www.pflagpeterborough.com>

HIV Support Services

@ **PARN**



positive quitting

research, resources, support.

Visit www.positivequitting.ca where you'll find resources, links to smoking cessation helplines, training opportunities, model policies, and facts about smoking and HIV. If you're a person living with HIV who smokes, these resources are for you.

Questions? Talk to Adam Kelly at 705-749-9110 or adam@parn.ca

POSITIVE LITE.COM
Canada's Online HIV Magazine



Positive Quitting is led by a partnership between the Ontario HIV Treatment Network and PositiveLite.com.

August Office Hours

Please note: The PARN offices will be closed from Monday, August 7 to Friday August 11. We will re-open at 9:30 am on Monday, August 14.

HIV Survivors Lunch

Are you living with HIV? Why not come and join us for lunch on the 3rd Thursday of every month? We meet at the PARN office from noon until 2pm. A truly positive space run by positive peers. To find out more please contact Mark Phillips at markyfund@aol.com


transforming
OUR PRACTICE
new knowledge
new strategies

CATIE is hosting its national, bilingual forum November 23 and 24, 2017 in Toronto. The theme of Transforming our practice: New knowledge, new strategies is in response to a pressing need for dialogue and learning regarding the frontline implications of new knowledge and approaches in HIV and hepatitis C prevention, testing, treatment, care and support.

This event will bring together 400 people on the front lines of the Canadian response to HIV and hepatitis C, including people living with HIV, people with lived experience of hepatitis C, community workers, healthcare providers, public health practitioners, researchers, program planners and policy-makers. The CATIE Forum will be an opportunity to learn more about advances in HIV and HCV prevention and treatment science and programming knowledge, discuss the implications of this frontline work, share promising practices, and strategize about building and maintaining effective programs.

For registration information, please visit: <http://www.catie.ca/en/forum2017>

Are you someone living with HIV and/or Hep C?

Are you a current or former substance user?

Are you a current or former sex worker?

Are you part of the LGBTQ* Community?



Do you want to help make a difference in our community?



If you answered YES to one or more of the questions above we would love to chat with you!

Join us at the table as we launch our newest advisory group!

**Have your voice heard and work together towards
a shared vision of PARN Programs!**

When:

Friday August 18th from 3:00pm until 5:00pm

Where:

PARN – 159 King Street, Suite 302

Please contact Brittany Cameron, Peer Engagement Worker if you would like to attend.

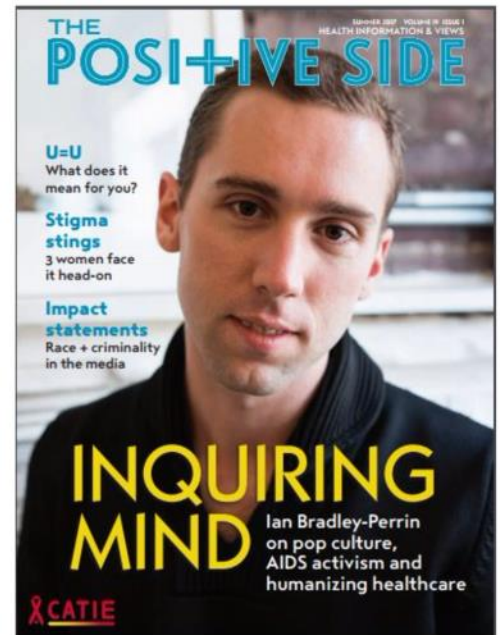
Email: brittany@parn.ca

Phone: 705-749-9110 ext 204

Skewed Stories - HIV criminalization and race in the mainstream media

In Canada, not disclosing your HIV status to a sex partner can, in some circumstances, be deemed a crime. Media stories of people prosecuted for not disclosing their status show Black men on trial in disproportionate numbers. What impact does this have on African, Caribbean and Black communities? Sané Dube investigates in the summer issue of CATIE's Positive Side magazine. Read the full article here:

<http://www.catie.ca/en/positiveside/summer-2017/skewed-stories>



New study finds that gay men on HIV treatment don't pass the virus to sexual partners

A study of 343 gay couples, where one partner had HIV and the other did not, has not found a single case of HIV transmission despite 16,889 acts of condomless anal sex.

nam aidsmap
HIV & AIDS – sharing knowledge, changing lives

The Opposites Attract study looked at whether HIV is transmitted between gay male couples of different HIV status when the HIV-positive partner is on treatment that fully suppresses their HIV. The HIV-positive partners in Opposites Attract had a so-called 'undetectable viral load' 98% of the time.

To view the full story, please visit: <http://www.aidsmap.com/New-study-finds-that-gay-men-on-HIV-treatment-dont-pass-the-virus-to-sexual-partners/page/3159187/>

The scales have tipped—UNAIDS announces 19.5 million people on life-saving treatment and AIDS-related deaths halved since 2005

GENEVA/PARIS, 20 July 2017—UNAIDS has released a new report showing that for the first time the scales have tipped: more than half of all people living with HIV (53%) now have access to HIV treatment and AIDS-related deaths have almost halved since 2005. In 2016, 19.5 million of the 36.7 million people living with HIV had access to treatment, and AIDS-related deaths have fallen from 1.9 million in 2005 to 1 million in 2016. Provided that scale-up continues, this progress puts the world on track to reach the global target of 30 million people on treatment by 2020.



Joint United Nations Programme on HIV/AIDS

UNAIDS

UNICEF • UNDP • UNFPA • UNDCP
UNESCO • WHO • WORLD BANK

To read the full report, please visit

http://www.unaids.org/en/resources/presscentre/pressreleaseandstatementarchive/2017/july/20170720_PR_Global_AIDS_Update_2017

PARN Needs Your Support!

Red Scarf Project

World AIDS Day 2017



Supporting people in our communities

The Red Scarf Project raises awareness around HIV support and prevention while also serving the needs of our communities in the winter months. On December 1, 2017, Red Scarves will be placed on lampposts throughout Peterborough and Northumberland for World AIDS Day. If someone is cold, they can take a scarf.

It's all about social knitworking

We are looking for individuals to knit and crochet scarves, volunteers to facilitate workshops, and/or local groups to knit and crochet scarves for the campaign especially in The Kawartha Lakes and Haliburton area. We ask for scarves that are red and approximately 6" by 60" in size, but the pattern is completely your choice! We are also looking for donations of red yarn, knitting needles, crochet hooks, and other supplies. **We will need to collect all completed scarves by Monday, November 27, 2017 to prepare them for December 1.**

If you are interested in contributing or have any questions, please contact Brittany Cameron at brittany@parn.ca or call 705-749-9110 x204.



About PARN

PARN provides support and health promotion for people who are living with, affected by, or at-risk for HIV in the four counties of Peterborough, Kawartha Lakes, Northumberland and Haliburton; education and equipment for people at risk for HIV, hepatitis C and other sexually transmitted and blood-borne infections; outreach and programming for lesbian, gay, bisexual, transgender, 2-spirit, queer and questioning (LGBTQ+) youth and for women who are living with, affected by, or at-risk for HIV; community capacity-building and workshops; and awareness of HIV/AIDS issues to the broader community.

We're Here to Help, Confidentiality Assured!

159 King Street, Suite 302 - Peterborough ON - K9J 2R8
705-749-9110 - 1-800-361-2895 - getinformed@parn.ca

www.parn.ca



COMMUNITY-BASED HIV/STBBI PROGRAMS
SUPPORT. PREVENTION. EDUCATION.





Central East Opening Doors Conference

September 28 - 29, 2017 · Fern Resort, Orillia

An evidence-based learning opportunity that focuses on the medical and psychological wellbeing of people living with HIV/AIDS (PHA), those affected by HIV/AIDS, and their respective service providers.

How will this conference make you a more informed service provider?

- Holistic insight into the current health, legal, and social issues that impact individuals living with HIV/AIDS;
- Networking with a diverse range of service providers in your community;
- Enhance knowledge of how to make appropriate referrals and plans of care for your clients with and affected by HIV/AIDS;
- Knowledgeably strengthen your advocacy, anti-oppression, and activism skills;
- Learn something new and meet other amazing people who help make your community a better place to work and live.

Cost:

- Full Registration \$75, includes 1.5 days of education, meals, and accommodations
- Day Registration \$25, includes 1.5 days of education, lunch

Contact:

Victoria van Veen, victoria@eVvVents.ca 705-930-5774

www.ceodconference.ca · @CEODConference Central East Opening Doors

Presented by: Ontario



JohnHoward
SOCIETY OF ONTARIO



The River Magazine Launching Fall 2017

A new community-based platform of expression in Peterborough
with voices of people living on low income.

Submit any art piece - writing, photography, drawing, etc - and get paid upon
publishing! Submissions for the first issue are due by September 4, 2017.

Drop off submissions at **agencies listed below** or
email to: theriverpeterborough@gmail.com

facebook

www.facebook.com/therivermag/



[@river_magazine](https://twitter.com/river_magazine)

Call Peterborough Social Planning Council
for info (705) 743-5915

Canadian Mental Health Association,
One Roof Diner, New Canadians Centre,
Nogojiwanong Friendship Centre,
Peterborough Social Planning Council,
PARN, VON 360 Clinic and women can
drop off at Cameron House

Community Clean Up

Join **PARN** on August 13th from 9 to 3 as we give Peterborough the once over!



Training

9 - 9:45 AM

- Meet at One Roof Community Center (99 Brock St.)
- Instructions and Safety Tips
- Snacks and Water Provided



Cleaning

10 AM - 3 PM

- We'll be scouring Rotary Park, the downtown core and surrounding area
- Picking up garbage including any potential syringes



Supplies Provided

- Gloves
- Tongs
- Garbage Bags
- Bio-bins

Be Smart with Your Sharps

Use a Sharps Container



Free Needle Returns – Free Sharps Containers – Free Supplies



Always Confidential!

Harm Reduction
Works
@
PARN

159 King St. Suite 302 Peterborough, ON
Call: 705-749-9110 / Text or Call: 705-740-5155



PARN'S COMMUNITY GARDEN CLUB

"a place for you and your plants to grow"

Are you someone who loves all things green?

Have you always wanted to grow your own fruits, vegetables, flowers and herbs?



Here is your opportunity!



PARN has been able to secure a plot in a community garden in downtown Peterborough!



The gardening group will meet to set group outlines and expectations, as well as decide how to run the group. There is usually a set of jobs that everyone needs to contribute at the beginning of the season like clearing rocks, preparing the land and setting up water systems.

We welcome people from all backgrounds, skill levels and stages of life.

If you are interested in being part of the 2017 Community Garden Club please contact Brittany Cameron, Peer Engagement Worker at 705-749-9110 or brittany@parn.ca.



COMMUNITY-BASED HIV/STBBI PROGRAMS
SUPPORT. PREVENTION. EDUCATION.





NEEDLE RETURNS

PARN

**159 King St. Suite 302, Peterborough
9:30am - 5:00pm**

CMHA

**466 George St N, Peterborough
Drop Off bin located on George St.**

VON Clinic

**360 George St N #25, Peterborough
8:30am - 4:30pm**

One Roof Community Diner

**99 Brock Street, Peterborough
12:00pm - 7:00pm**

Four CAST

**130 Hunter St. W Suite 200,
Peterborough
8:30am - 4:30pm**

WHAT IS YOUR STATUS



Where to go and what you need
to know to get tested for HIV.



Questions?

Call us or stop by:

PARN - Your Community
AIDS Resource Network
159 King Street
Peterborough ON
Phone: 705-749-9110
OR 1-800-361-2895

For a testing site near you call
the AIDS and Sexual Health
Info Line: 1-800-668-2437



United Way
Peterborough & District
Change starts here.