

Newsletter - January, 2018

Ontario's Response to the Opioid Crisis

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HIV Testing in the Four Counties

PARN is a community-based agency providing support and health promotion for people living with or affected by HIV and/or AIDS. PARN provides education for people at risk for HIV and awareness of AIDS issues to the broader community.

PARN's Board of Directors

Chair:	Vice Chair:	Secretary:	Treasurer:
Mark Phillips	Amanda Campsall	Kirk Parry	Cynthia Lord

Members at Large:

Cheyenne Buck, Lawrence Finnie, Alex Karn, Kim Kennelly,
Meredith Richmond

What's Going On January 2018



Rainbow Youth Program
Every Thursday - 3:30 - 5:30 pm
Suite 302-2, 159 King Street



Office Hours @ PARN

Monday:

9:30 am–5 pm

Tuesday:

11:00 am–5 pm

Wednesday:

9:30 am – 5pm

Thursday:

9:30 am–5 pm

Friday:

9:30 am–5 pm

Closed Saturdays and Sundays

Thursday Morning Drop-In - 10am to 11:30 am

Harm Reduction
Works
@
PARN

Make a difference every Thursday morning @ PARN by helping build a community that is a little more safe and a little more friendly.

Join PARN staff and volunteers every Thursday from 10:00am to 11:30pm to make kits for our Harm Reduction Works program.

Men's Sexual Health Clinics in Lindsay and Port Hope

PARN has partnered with the Haliburton, Kawartha, Pine Ridge District Health Unit to provide monthly clinics dedicated to men's sexual health in Peterborough, Port Hope and Lindsay. Free and confidential services include testing for HIV, hep C, & sexually transmitted infections as well as condoms, lube & information on sexual health.

Lindsay - Thursday, January 11 - 5pm to 7pm

HKPR District Health Unit

108 Angeline St. S., Lindsay, ON

Port Hope - Tuesday, January 26 - 5pm to 7pm

HKPR District Health Unit

200 Rose Glen Rd - 905-885-9100



Concerned About Your Status?

HIV testing is available in our region

The following locations offer HIV testing in Peterborough and the Four Counties:

Positive Care Clinic

Tuesdays and Thursdays at PARN – 9am to 4pm
1-866-303-2420 or 905-579-8711 ext. 3127

Peterborough Public Health Sexual Health Clinic

705-748-2021

Haliburton Kawartha Pine Ridge District Health Unit Sexual Health Clinic

1-866-888-4577 ext. 1205

Trent University Health Services

705-748-1481 (Trent students only)

Fleming College Health Services

705-749-5557 (Fleming students only)



The **Red Scarf Project** raises awareness around HIV support and prevention while also serving the needs of our communities in the winter months. To build on our successful 2017, we are getting a head start on the 2018 Red Scarf Project. On December 1, 2018, Red Scarves will be placed on lampposts throughout our communities for World AIDS Day. If someone is cold, they can take a scarf. If you are interested in contributing a scarf or have any questions, please contact Brittany Cameron at brittany@parn.ca or call 705-749-9110 x204.

PFLAG Peterborough Meeting - Thursday, January 11 @ 7pm

PFLAG Canada Peterborough Chapter hosts Sharing Meetings on the 2nd Thursday of each month at 7pm in Suite 302-2 at the PARN offices on 159 King Street in downtown Peterborough. For directions or more information please contact Dianne McKay at 705 749 9723 or ladydi@nexicom.net Visit the website at <http://www.pflagpeterborough.com>

PFLAG  **CANADA**
PETERBOROUGH - ON



Save The Date

A Taste For Life

Wednesday, April 25, 2018

Ontario Expanding Opioid Response as Crisis Grows

Province Equipping Police and Fire Services with Life-Saving Naloxone, Seeking Expanded Ability to Address Overdoses

Ontario is providing life-saving naloxone to police and fire services across the province and seeking an expanded ability from the federal government to address overdoses, as new data shows that opioid-related deaths continue to increase.



Dr. Eric Hoskins, Minister of Health and Long-Term Care, and Marie-France Lalonde, Minister of Community Safety and Correctional Services, were joined by Dr. David Williams, Chief Medical Officer of Health and Provincial Overdose Coordinator, and Dr. Dirk Huyer, Chief Coroner for Ontario, to make the announcement.

New data shows the urgent need for continued action. There were 336 opioid-related deaths in Ontario from May to July 2017, compared with 201 during the same time period in 2016, representing a 68 per cent increase. From July to September 2017, there were 2,449 emergency department visits related to opioid overdoses, compared with 1,896 in the three months prior, representing a 29 per cent increase.

Naloxone can temporarily reverse an opioid overdose, and will be offered to all 61 police services across the province, including municipal and First Nation police services as well as the Ontario Provincial Police.

The kits will also be made available to all 447 municipal full-time, composite, and volunteer fire departments, all northern fire departments, as well as all First Nations fire services to prevent overdoses, and could also be used to help front-line police and firefighters in case of exposure. Naloxone kits are currently available for free at participating pharmacies and from eligible community and health organizations.

In addition, the federal government has recently announced changes that would expand the ability of provinces to respond to the escalating opioid crisis. Under the new federal policy, provinces experiencing a public health emergency can request an exemption under federal law for temporary overdose prevention sites.

In response to this federal change in policy, Minister Hoskins wrote a letter to the Federal Health Minister today recognizing the public health emergency in Ontario due to the opioid crisis, and formally requested that the federal government allow Ontario to approve and fund overdose prevention sites.

These overdose prevention sites would provide necessary health services that are accessible and free of stigma to help reduce the growing number of overdose deaths affecting some of the most vulnerable and marginalized populations in Ontario. Establishing overdose prevention sites with a federal exemption would also protect front-line workers at these sites from criminal prosecution.

PARN Position Statement on Overdose Prevention Sites in Peterborough

PARN is collaborating with its partners in the Peterborough Drug Strategy – Peterborough Public Health, the Peterborough Police Service and Fourcast – to respond in both the short-term and longer-term to the opioid crisis and stop the tragic deaths that are occurring in our community due to opioid poisoning. Peterborough currently has the 4th highest rate of opiate overdose deaths in Ontario[1].

Harm Reduction
Works
@
PARN

Part of the long-term solution we are working toward is the establishment of a **Supervised Consumption Site** (SCS) in our community – a process that has been expedited by the federal government in recent months but still requires an application and approval process[2].

Thanks to the thoughtful leadership of the Canadian and Ontario governments, we have an opportunity to immediately respond to the opioid crisis while we proceed with an application for a Supervised Consumption Site.

On Thursday, December 7, 2017 the Ontario government formally requested[3] that the federal government allow Ontario to approve and fund **Overdose Prevention Sites** (OPS) in the province. Under current federal policy, the Government of Canada is allowing provinces experiencing a state of emergency due to opiate poisonings to request exemptions under federal law to allow for temporary Overdose Prevention Sites (OPS).

Overdose Prevention Sites differ from Supervised Consumption Sites in that they do not require a permanent location or the supervision of trained medical professionals in order to operate in the community.

While we work towards the establishment of a permanent Supervised Consumption Site in our community, **PARN endorses the establishment of temporary/pop-up OPSs in Peterborough and will work to support these sites wherever possible.**

PARN recognizes that those closest to this crisis are the most knowledgeable and motivated to end it. Members of the community – which may include PARN staff, peers, volunteers and service users – may choose to volunteer their time and resources to establish and operate interim overdose prevention sites.

[1]<http://www.thepeterboroughexaminer.com/2017/08/30/peterborough-opioid-death-rate-fourth-highest-in-ontario>

[2]<https://www.canada.ca/en/health-canada/services/substance-abuse/supervised-consumption-sites.html>

[3]<https://news.ontario.ca/mohltc/en/2017/12/ontario-expanding-opioid-response-as-crisis-grows.html>

A nighttime photograph of the Vancouver skyline, featuring the Lions Gate Bridge and the city lights reflecting on the water. The sky is dark with some clouds, and the city lights are bright and colorful. The bridge is illuminated with warm lights, and the city buildings are lit up with various colors. The water is dark, and the lights from the bridge and city are reflected on its surface.

Annual Canadian Conference on HIV/AIDS – CAHR 2018

CAHR is excited to announce that the 27th Annual Canadian Conference on HIV / AIDS Research will be held April 26-29th, 2018 in Vancouver, British Columbia.

To register, please visit: <https://www.cahr-acrv.ca/conference/>

Please note that PARN's Support Coordinator has changed his name to Adam Kelly-Colyer.



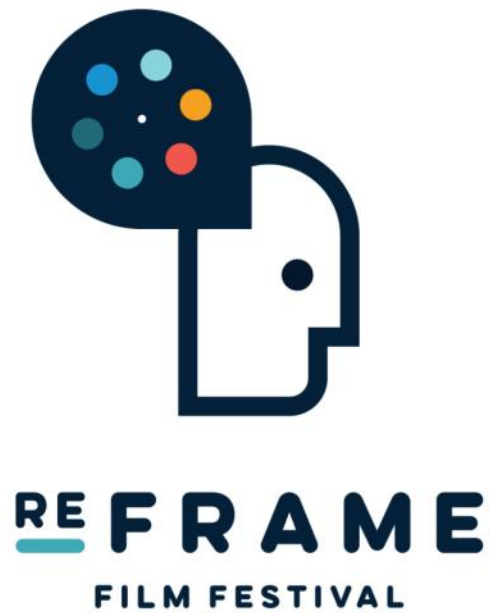
Are you living with HIV? Why not come and join us for lunch on the 3rd Thursday of every month? We meet at the PARN office from noon until 2pm. A truly positive space run by positive peers. To find out more please contact Mark Phillips at markyfund@aol.com.

The **ReFrame Film Festival** starts on Thursday, January 25 and runs through to Sunday January 28 at various locations in Peterborough.

For information about the Festival, including a full schedule, please visit: reframefilmfestival.ca

PARN is proudly sponsoring three films at ReFrame:

Slowerback - 9 minute film by Jessica Edwards (Canada/USA, 2017)
Saturday, January 27, 4:00pm, Market Hall



A hand-poke tattoo artist reflects on her unique style of inking. Her work is a “meticulously placed wound,” one that will age with the recipient for years to come. Eschewing machines for her painstaking process, prick by prick she emblazons signature figures on limbs and torsos—her latest undertaking, a full back. These are the personal expressions of an artist who accepts the pressure of her work being with her client forever, who also relishes the thought of it being on display for the world to see.
<http://reframefilmfestival.ca/film/slowerback/>

The Thinking Garden - 35 minute film by Christine Welsh, Basani Ngobeni (Canada 2017)
Sunday, January 28th—2:30 pm at Market Hall

Co-Sponsored by Emmanuel United Church; Nourish Project; The Peterborough Greenspace Coalition; The Unitarian Fellowship of Peterborough; Trent Oxfam; Women’s Event Committee.

South African grandmothers create an immense garden to “take control of their food and their futures.” Created in the dying days of apartheid, the Thinking Garden (“hleketani” in the local xiTsonga language) has become a place where women gather to think about how to affect change. Today, the garden still provides food and opportunities for people, while helping to confront climate change, poverty and HIV/AIDS. Against the backdrop of an epic drought, the film explores what happens when older women take matters into their own hands, and how local action provides vulnerable people a measure of control over their food and future.
<http://reframefilmfestival.ca/film/the-thinking-garden/>

Chavela - 93 minute film by Catherine Gund, Daresha Kyi, (USA, Spain, Mexico 2017)
Sunday, January 28th—2:30 pm at The Venue

Co-sponsored by Art Gallery of Peterborough; Peterborough Pride; Rock Camp For Girls Peterborough.*

Portrait of an unconventional Mexican ranchera – a sexual pioneer known for her soul-stirring vocals. One of the most famous Latin artists of the century, Chavela provides a lucid, wry commentary on the challenges of becoming a lesbian superstar. No wonder Frieda Kahlo was besotted with her! A magnet for both men and women, she is a force of nature, uncannily persistent despite a judgemental society. Watch her power unfold. Listen to the songs that made her a household name. There’s much to absorb in this exciting profile of a woman and the folk music she helped transform: indeed, you can go back to the ranchera again.
www.reframefilmfestival.ca/film/chavela/

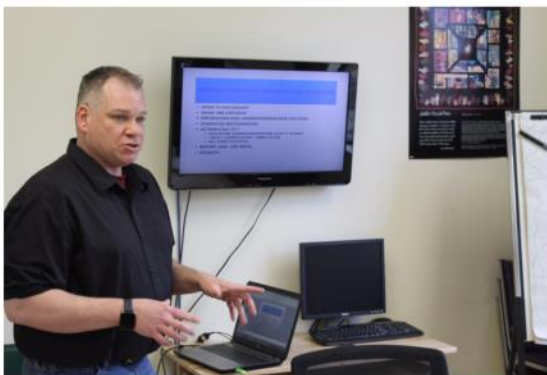
Naloxone Saves Lives



**Many people in our communities are at-risk for overdose death.
You can be prepared to save a life.**

Harm Reduction Works @ PARN provides no-cost Overdose Prevention Training and Naloxone Kits to anyone. The training can take as little as ten minutes and can change a life forever.

Please contact us at 705-749-9110 to arrange for training, or just stop by our office at 159 King Street, Suite 302 and we'll hook you up with the training and a kit.



Naloxone Saves Lives

Harm Reduction Van Outreach

Free and Confidential Services

Get Safer Injection and Inhalation Supplies, Overdose Prevention tools (including Naloxone), and information on testing, mental health and addictions supports.

Every 2nd Wednesday and 4th Monday of the month at the following parking lots:

Bewdley Arena

10:45am - 11:45am

Fenella Community Centre

12:15pm - 1:15pm

Campbellford (Behind LCBO)

2:15pm - 3:15pm

Warkworth-Behind Cheeky Bee

3:30pm - 4:30pm

Brighton-Across from Library

5pm - 6pm

Harm Reduction
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COMMUNITY-BASED HIV/STBBI PROGRAMS
SUPPORT. PREVENTION. EDUCATION.

For text reminders or more information:

text or call PARN's outreach worker Chris @ 705-740-5155

Are you someone living with HIV and/or Hep C?

Are you a current or former substance user?

Are you a current or former sex worker?

Are you part of the LGBTQ* Community?

Do you want to help make a difference in our community?



If you answered YES to one or more of the questions above we would love to chat with you!

Join us at the table as we launch our newest advisory group!

**Have your voice heard and work together towards
a shared vision of PARN Programs!**

When:

Stay tuned for the date of the next meeting!

Where:

PARN – 159 King Street, Suite 302

Please contact Brittany Cameron, Peer Engagement Worker, if you would like to get involved.

Email: brittany@parn.ca

Phone: 705-749-9110 ext 204

Drop into the office

HOT DAMN

IT'S A QUEER SLAM

Workshop
at TTOK
Before

Dance Party
After

FEAT
CAROLINA BROWN
I. M. BROWN MUSIC

The Sapphire Room

137 Hunter St. W
2 Round Poetry Slam
& Open Mic 19+
Sign up 730
10\$ or PWYC

Hosted by
Charlie Petch
Season 4

www.queerslam.com

Sat Jan 20

PosterMyWall.com

**Sat Jan
20 th**

2pm - 4pm

With International Artist
Angel Gladly
at The Theatre On King
10 bucks or PWYC

Clown Workshop

Hot Damn It's a Queer Slam
Presents



WHAT IS YOUR STATUS



Where to go and what you need
to know to get tested for HIV.



Questions?

Call us or stop by:

PARN - Your Community
AIDS Resource Network
159 King Street
Peterborough ON
Phone: 705-749-9110
OR 1-800-361-2895

For a testing site near you call
the AIDS and Sexual Health
Info Line: 1-800-668-2437

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COMMUNITY-BASED HIV/STBI PROGRAMS
SUPPORT. PREVENTION. EDUCATION.



United Way
Peterborough & District
Change starts here.