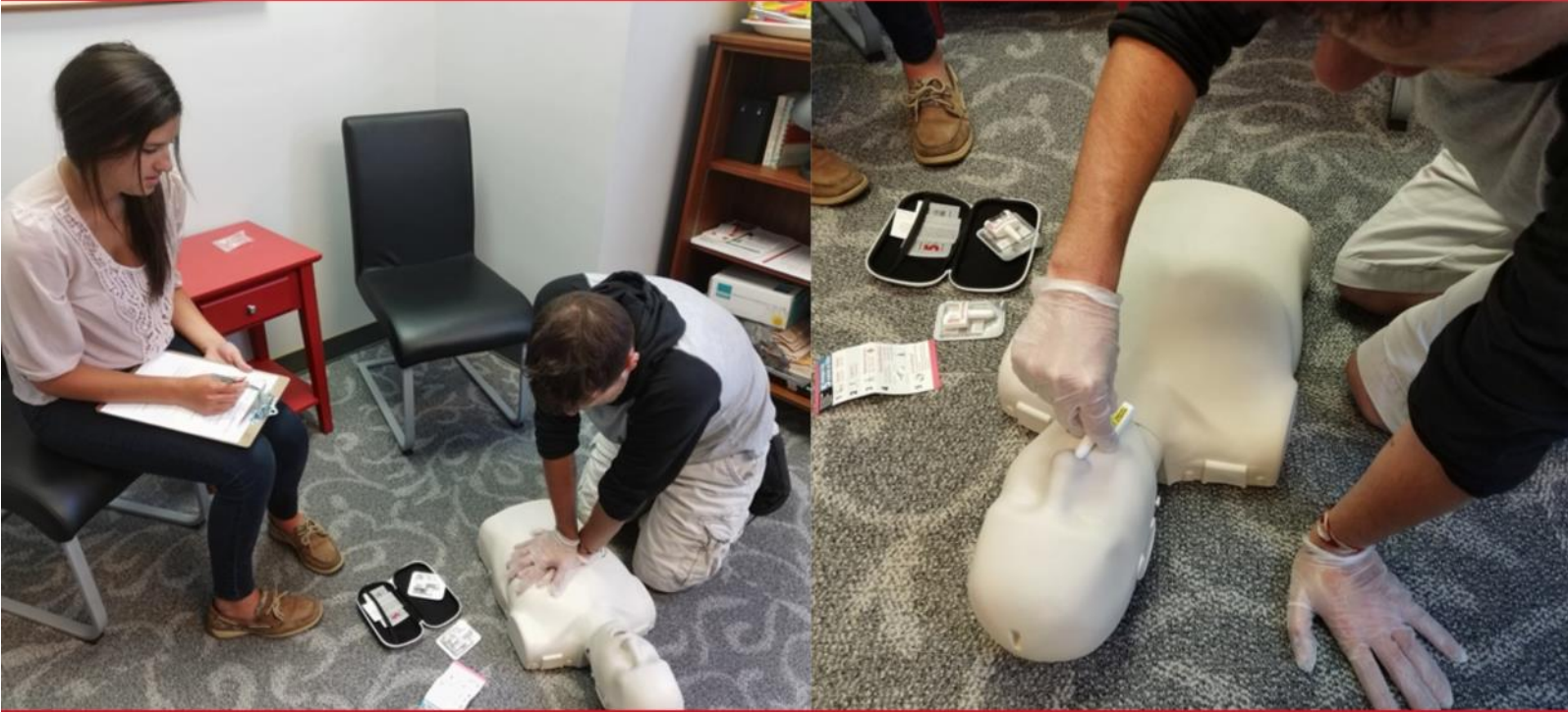


Newsletter - July, 2018



Naloxone Saves Lives - See pages 4 and 5 for details

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PARN's Community Garden
HIV Testing in the Four Counties

PARN is a community-based agency providing support and health promotion for people living with or affected by HIV and/or AIDS. PARN provides education for people at risk for HIV and awareness of AIDS issues to the broader community.

PARN's Board of Directors

Chair:	Vice Chair:	Secretary:	Treasurer:
Lawrence Finnie	Kirk Parry	Alex Karn	Cynthia Lord

Members at Large:

Cheyenne Buck, Kim Kennelly, Mark Phillips (Past Chair)
Meredith Richmond

What's Going On July 2018



Rainbow Youth Program
Every Thursday - 3:30 - 5:30 pm
Suite 302-2, 159 King Street



Office Hours @ PARN

Monday:

9:30 am–5 pm

Tuesday:

9:30 am–5 pm

Wednesday:

9:30 am–5pm

Thursday:

9:30 am–5 pm

Friday:

9:30 am–5 pm

Closed Saturdays and Sundays

Thursday Morning Drop-In

Make a difference every Thursday morning @ PARN by helping build a community that is a little more safe and a little more friendly.

Join PARN staff and volunteers every Thursday from 10:00am to 11:30pm to make kits for our Harm Reduction Works program.

PARN Office Closures

The PARN offices will be closed on Friday, July 13 for the PARN Summer Picnic Social. The offices will re-open at 9:30 am on Monday, July 16.

Men's Sexual Health Clinics in Lindsay and Port Hope

PARN has partnered with the Haliburton, Kawartha, Pine Ridge District Health Unit to provide monthly clinics dedicated to men's sexual health in Peterborough, Port Hope and Lindsay. Free and confidential services include testing for HIV, hep C, & sexually transmitted infections as well as condoms, lube & information on sexual health.

Lindsay - Thursday, July 12 - 5pm to 7pm

HKPR District Health Unit

108 Angeline St. S., Lindsay, ON

Port Hope - Tuesday, July 24 - 5pm to 7pm

HKPR District Health Unit

200 Rose Glen Rd - 905-885-9100



Concerned About Your Status?

HIV testing is available in our region

The following locations offer HIV testing in Peterborough and the Four Counties:

Positive Care Clinic

Tuesdays and Thursdays at PARN – 9am to 4pm
1-866-303-2420 or 905-579-8711 ext. 3127

Peterborough Public Health Sexual Health Clinic

705-748-2021

Haliburton Kawartha Pine Ridge District Health Unit Sexual Health Clinic

1-866-888-4577 ext. 1205

Trent University Health Services

705-748-1481 (Trent students only)

Fleming College Health Services

705-749-5557 (Fleming students only)



The **Red Scarf Project** raises awareness around HIV support and prevention while also serving the needs of our communities in the winter months. To build on our successful 2017, we are getting a head start on the 2018 Red Scarf Project. On December 1, 2018, Red Scarves will be placed on lampposts throughout our communities for World AIDS Day. If someone is cold, they can take a scarf. If you are interested in contributing a scarf or have any questions, please contact Brittany Cameron at brittany@parn.ca or call 705-749-9110 x204.

PFLAG Peterborough Meetings - July 12th and 26th @ 7pm

PFLAG CANADA
PETERBOROUGH - ON

PFLAG Canada Peterborough Chapter hosts Sharing Meetings on the 2nd and 4th Thursday of each month at 7pm in Suite 302-2 at the PARN offices on 159 King Street in downtown Peterborough. For directions or more information please contact Dianne McKay at 705 749 9723 or ladydi@nexicom.net Visit the website at <http://www.pflagpeterborough.com>

Peterborough Pride: September 14-23

The 16th annual Peterborough Pride Week will be taking place from September 14 to 23. Pride Week is a collection of community run events book-ended by the Flag raising on Friday September 14th and the Parade and Park events on Saturday September 22nd.

To find out about all the events taking place during Pride Week - or to create your own Pride Week event - please visit: peterboroughpride.ca



Naloxone Saves Lives



**Many people in our communities are at-risk for overdose death.
You can be prepared to save a life.**

Harm Reduction Works @ PARN provides no-cost Overdose Prevention Training and Naloxone Kits to anyone. The training can take as little as ten minutes and can change a life forever.

Please contact us at 705-749-9110 to arrange for training, or just stop by our office at 159 King Street, Suite 302 and we'll hook you up with the training and a kit.



Naloxone Saves Lives

For more information:
julie@parn.ca
705-749-9110 ext 225



Receive a FREE nasal Naloxone kit & training!



HALIBURTON

WHEN: Thursday, July 12th
10:00AM - 4:00PM

WHERE: Haliburton Rexall
224 Highlands St, Haliburton

WHO: Anyone interested in
learning about Naloxone and
Overdose Response

COBOURG

WHEN: Thursday, July 31st
12:00AM - 6:00PM

WHERE: York Super Pharmacy
500 Division St, Cobourg

WHO: Anyone interested in
learning about Naloxone and
Overdose Response

Naloxone and Overdose Prevention Training Pop-Ups

————— Come join us —————

Are you someone living with HIV and/or Hep C?

Are you a current or former substance user?

Are you a current or former sex worker?

Are you part of the LGBTQ* Community?

Do you want to help make a difference in our community?



If you answered YES to one or more of the questions above we would love to chat with you!

Join us at the table as we launch our newest advisory group!

**Have your voice heard and work together towards
a shared vision of PARN Programs!**

When:

Stay tuned for the date of the next meeting!

Where:

PARN – 159 King Street, Suite 302

Please contact Brittany Cameron, Peer Engagement Worker, if you would like to get involved.

Email: brittany@parn.ca

Phone: 705-749-9110 ext 204

Drop into the office



PARN'S COMMUNITY GARDEN CLUB

"a place for you and your plants to grow"

Are you someone who loves all things green?

Have you always wanted to grow your own fruits, vegetables, flowers and herbs?



Here is your opportunity!



PARN has been able to secure a plot in a community garden in downtown Peterborough!



We welcome people from all backgrounds, skill levels and stages of life.

If you are interested in being part of the 2018 Community Garden Club please contact Brittany Cameron, Peer Engagement Worker at 705-749-9110 or brittany@parn.ca.



COMMUNITY-BASED HIV/STBBI PROGRAMS
SUPPORT. PREVENTION. EDUCATION.



WHAT IS YOUR STATUS



Where to go and what you need
to know to get tested for HIV.



Questions?

Call us or stop by:

PARN - Your Community
AIDS Resource Network
159 King Street
Peterborough ON
Phone: 705-749-9110
OR 1-800-361-2895

For a testing site near you call
the AIDS and Sexual Health
Info Line: 1-800-668-2437

PARN25
COMMUNITY-BASED HIV/STBI PROGRAMS
SUPPORT. PREVENTION. EDUCATION.



United Way
Peterborough & District
Change starts here.